

St Mary's, Isleworth

Newsletter for

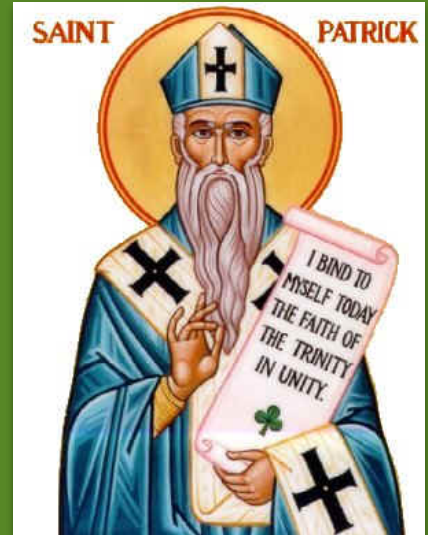
St Patrick's Day - 17th March 2017



School Budgets

School budgets have been in the news again since last week's budget. Unfortunately the Government did not make any extra money available for schools. Their message is that schools have never had so much money! Of course they are including funding for new grammars and free schools. The local BBBC news recently had an investigation on how much the Government was spending when buying up disused buildings for new Free Schools. The Government include all of this funding within the Education budget and seem to be ignoring the obvious financial struggles that nearly all schools are under. In my mind this is Fake News!

Our Governing Board will meet on Wednesday evening - at the meeting we will have to look at some painful decisions in order to balance the budget. St Mary's will have to function differently in the future because of the budget situation. Cutting what we offer to the children, how we structure the school days or week and how we support them because of a lack of funding is inevitable.



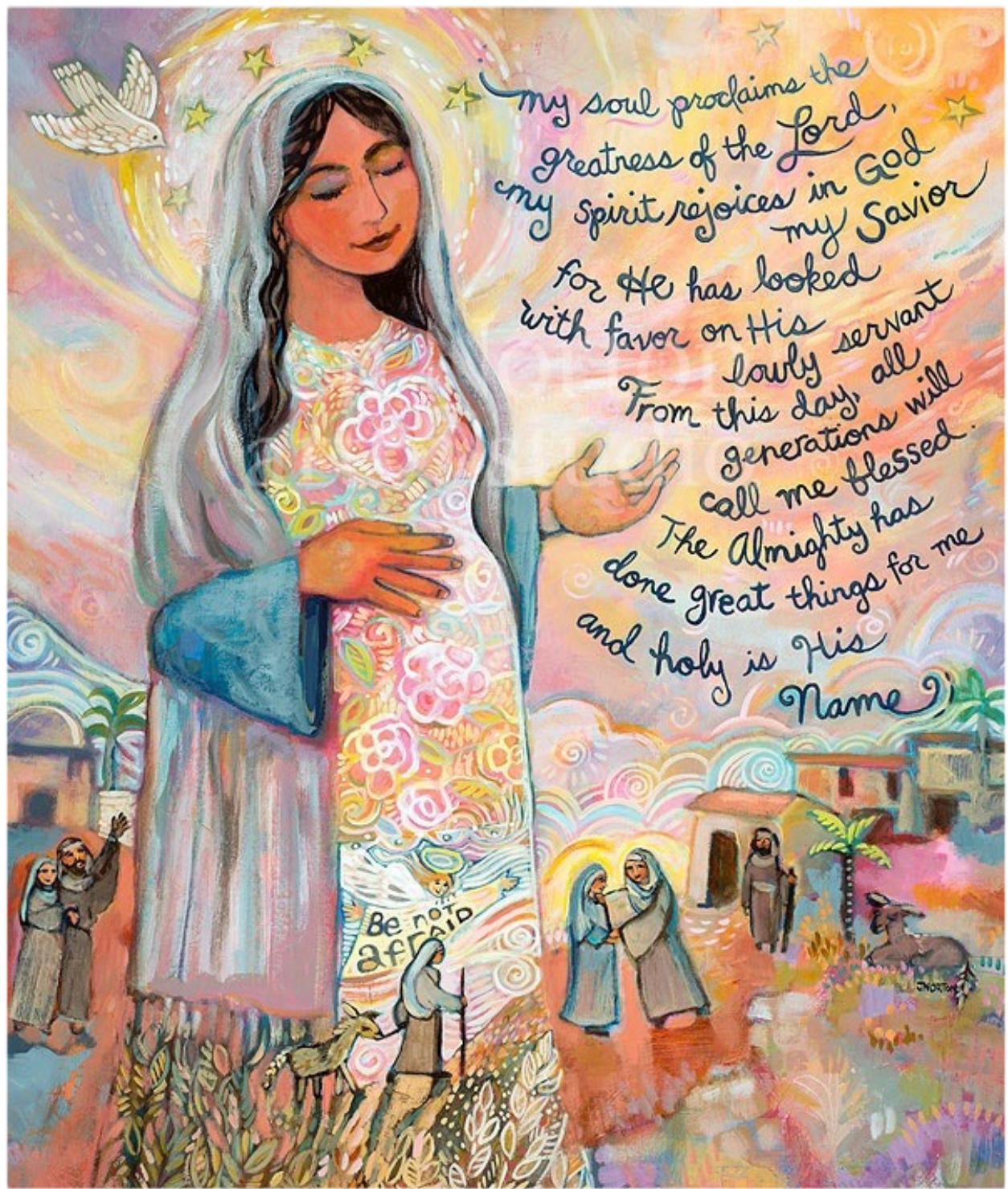
*Christ be with me,
Christ within me,
Christ behind me,
Christ before me,
Christ beside me,
Christ to win me,
Christ to comfort and restore
me.
Christ beneath me,
Christ above me,
Christ in quiet,
Christ in danger,
Christ in hearts of all that love
me, Christ in mouth of friend
and stranger.*



This week Mrs Williams and I were able to have a good look inside the new Junior building. It's looking really great and the best news is that it's all on track for a mid May completion. That gives us lots of time to move the children in over summer term so we will not need to rush it.

One of the consequences of the tightening of the budget is that we will not be able to afford new furniture in the new building. This is a great shame but I am hoping that we may be able to buy slightly used class tables and chairs from local schools who had bulge classes and who no longer need so much furniture.



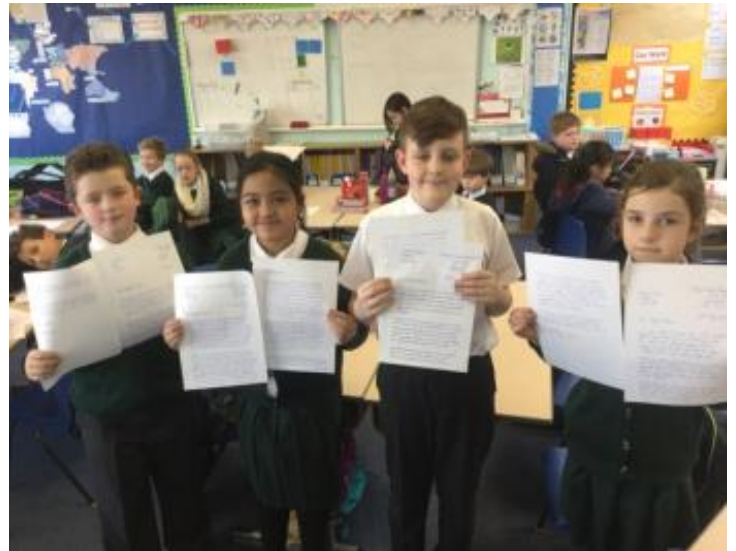


And Mary said: My soul proclaims the greatness of the Lord and my spirit rejoices in God my Saviour because he has looked upon the humiliation of his servant. Yes, from now onwards all generations will call me blessed, for the Almighty has done great things for me. Holy is his name, and his faithful love extends age after age to those who fear him.

He has used the power of his arm, he has routed the arrogant of heart. He has pulled down princes from their thrones and raised high the lowly. He has filled the starving with good things, sent the rich away empty. He has come to the help of Israel his servant, mindful of his faithful love according to the promise he made to our ancestors of his mercy to Abraham and to his descendants for ever.

Year 5 – Letter to Prince Charles

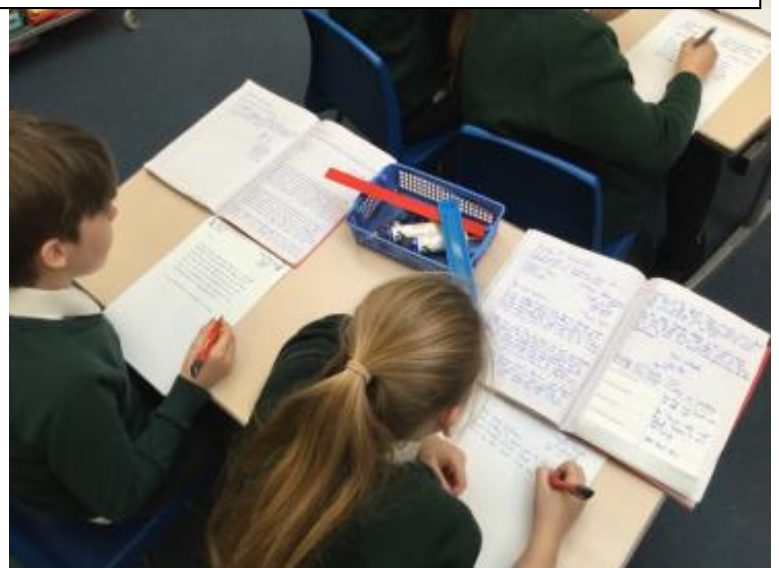
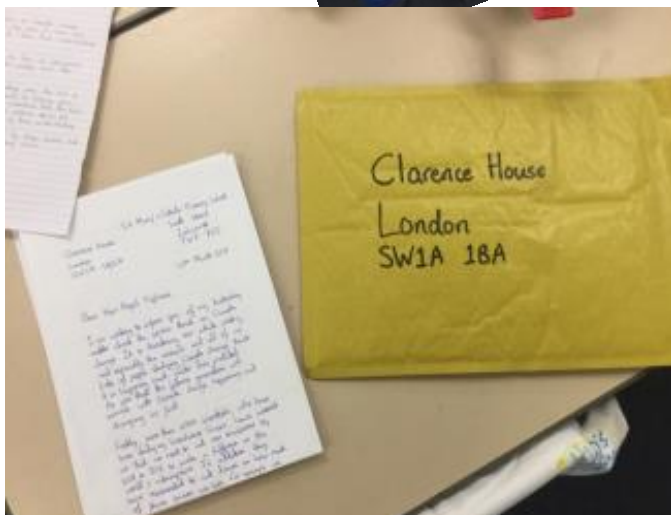
This week, year 5 have been writing their own letters to Prince Charles. Having learnt about the serious issue of climate change, the children felt it would be a good idea to write to His Royal Highness to show him their concerns of the issue also. We look forward to hearing a reply from him!



"In year five this term, we have been writing a letter to Prince Charles following our persuasive writing topic. We all have written one letter each about the serious threat of climate change and have made a first draft then written it in our best presentation. Overall, we have done many lessons leading up to writing it. Like finding out how to persuade somebody to do something e.g. picking which phrase wouldn't be an opinion but a fact.

After we planned a letter including various facts and crucial points, we sent all the letters off to Clarence House [his home] and are hoping for a reply from His Royal Highness."

Max, Yr 5



St Mary's Catholic Primary School - New Junior Building
Utilities work Programme March - April 2017

| Weekly schedule | Activity |
|--|---|
| | - |
| Week commencing 27th February | <ul style="list-style-type: none"> - Install remainder of water mains and hydrant pipework - Thames Water Bye-Law inspection of pipework - Chlorination of all pipework |
| | |
| Week commencing 6th March | <ul style="list-style-type: none"> - New electrics main, installation of duct and cables - New gas main, installation of duct and pipework - Data, Intruder alarm & Fire System links (cables) to main school building |
| | |
| Week commencing 13th March | <ul style="list-style-type: none"> - Backfill all trenches & reinstate surfacing |
| | |
| Week commencing 3rd April | <ul style="list-style-type: none"> - Thames water connecting NEW water supply to school, digging of trench across road outside school and laying pipework, commissioning the whole system - Upgrade of existing gas meter to a larger one |
| | |
| Week commencing 10th April | <ul style="list-style-type: none"> - Disconnect old water supply - Adapt new water supply to church hall - Disconnect old water supply to school buildings and connect new supply |
| | |
| To be confirmed | <ul style="list-style-type: none"> - Resurfacing of the whole school Car Park |
| | - |
| <p>There continues to be no parking during the work, there is only access for deliveries and emergency access. Pedestrian access for pupils and adults is via the small gate near the Church.</p> | |

Year 5 – Buddies Project



On Friday, year 5 worked together with their Reception buddies to help them do PE. The buddies project so far this year has allowed Year 5 children to assist their buddies in Reception to complete exercise activities, art tasks and even Christmas shopping at the PTA Christmas shop.

“In year five, we have been working with our buddies. It gives us a chance to be the older ones, instead of being the younger ones. Our buddies are between the age of 5 and 6.

We have done many activities with them this year such as taking them to the Christmas shop and doing P.E with them. At the Christmas shop we took them round and made sure they get the right amount of presents. We also gave the right amount of money. As I have already mentioned year five have done P.E with their buddies this year. Together we do many activities like throwing and catching.

We hope our buddies do well in the future at St.Mary’s and have as much fun as we have. ”

Katie Temple, Yr 5



The next

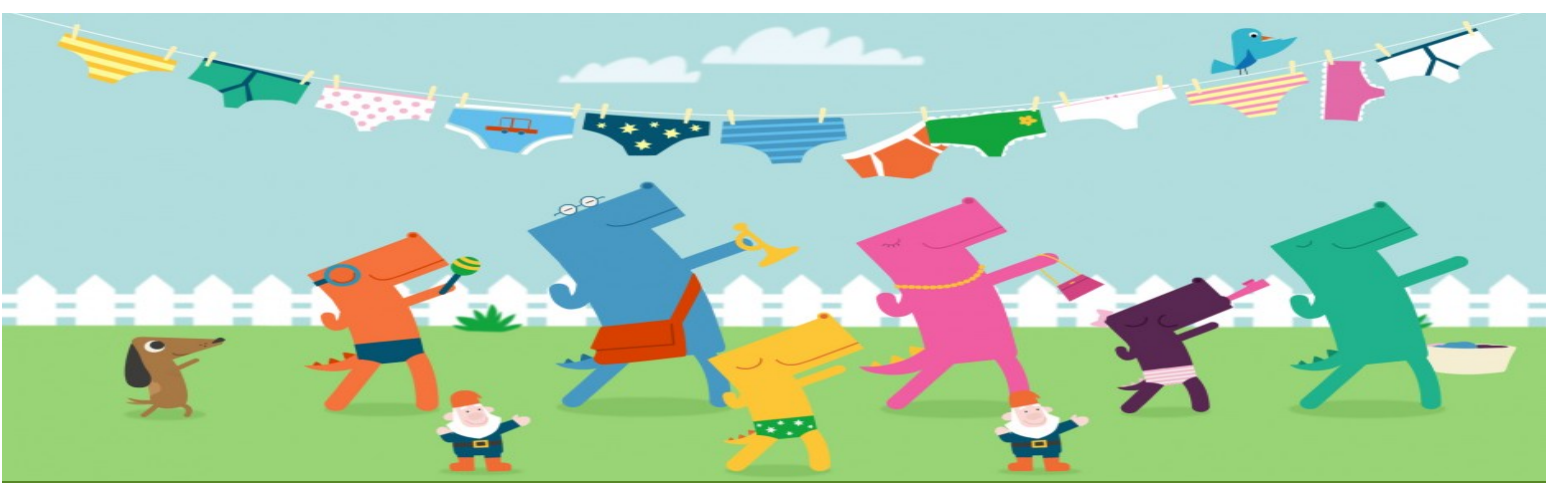
AWARDS ASSEMBLY

Monday 27th March 2017

Please bring in any recent awards.

MARCH/APRIL

| M | T | W | T | F | S | S |
|---|--|--|--|---|-----------|------------------|
| 20 8am Selected Y3 & Y4 Springboard Maths 9am 2F Visit to BFI Imax – ‘Fly Me to the Moon’ Piano lessons pm (small groups) 2.30-5pm Y6 Plaque Ceremony, Syon House Spanish Club Y1 & 2 Lego Club | 21 Last Guitar lessons pm (small groups) Last Athlete London KS1 & KS2 Football | 22 8am Selected Y4 Springboard Maths 9am Y4 Swimming 9am 2C Visit to BFI Imax – ‘Fly Me to the Moon’ Violin lessons pm (small groups) Last Professor Bubbleworks Science Club Last Italian Club Last Code Club 8pm Y6 Parents’ Meeting for Rome Trip | 23 8am Selected Y3 & Y6 Springboard Maths 9am 3L & 3M Mass in Church Guitar lessons pm (small groups) Y3 Class Violin (pm) Last Athlete London Olympic Sports Club | 24 9am – 3.30pm Y5 Enabling Enterprise Visit to Oliver Wyman Y2 Class Violin (pm) PTA International Runway Family Event (Time TBC) CANCELLED | 25 | 26 |
| 27 8am Selected (Last Y3) & Y4 Springboard Maths Last Piano lessons pm (small groups) Last Spanish Club Last Y1 & 2 Lego Club | 28 Last Clarinet lessons 9am NSPCC ‘Pants’ Presentation to Parents | 29 8am Selected Y4 Springboard Maths (Last 4S) 9am Last Y4 Swimming | 30 8am Selected Y6 Springboard Maths 9.15am Y5 Easter Assembly (Y5 Parents welcome) Last Guitar lessons pm (small groups) (made up from 16/03/17) | 31 SCHOOL CLOSSES 2.00PM | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 EASTER |
| 17 EASTER MONDAY | 18 SCHOOL RETURNS 9am PTA Happy Bags Collection | 19 8am Selected Y4E Last Springboard Maths | 20 8am Selected Y6 Springboard Maths 9am 4S & 2C Mass in Church Y3 Class Violin (pm) | 21 Y2 Class Violin (pm) | 22 | 23 |
| 24 8am Selected (Last 4S) & 4E Springboard Maths Soundsteps Assembly Piano lessons start Spanish lessons start | 25 Y4 Visit to Hampton Court Guitar lessons start pm (small groups) Athlete London KS1 & KS2 Football starts | 26 9am Y4 Swimming starts Y3 Visit to Natural History Museum Violin lessons pm (small groups) Professor Bubbleworks Science Club starts Italian Club starts Code Club starts | 27 8am Selected Y6 Springboard Maths Guitar lessons start pm (small groups) Athlete London Olympic Sports Club starts | 28 Y2 Class Violin (pm) | 29 | 30 |



Pantosaurus is coming to St Mary's!

All parents are invited to come and meet Pantosaurus and members of the NSPCC who will be in school on Tuesday 28th March. They will be running a session for parents from 8:55am in the school hall. All welcome!

<https://www.nspcc.org.uk/globalassets/documents/advice-and-info/underwear-rule-guide-for-parents.pdf>

As part of our focus on private parts you should expect and be prepared for your child to question you about their body and the different parts of their body. The best advice from experts is that even very young children learn and use the correct names for the parts of their bodies.

The NSPCC's advice is that you should weave conversations about keeping safe into everyday activities and bring up the topic often but a little at a time. In doing this, children get consistent messages which help them to keep themselves safe.

Have a look at the NSPCC resources and enjoy singing along to Pantosaurus too!
You can find the song here:

<https://www.youtube.com/watch?v=fn6AVSZk008>

TALK PANTS AND STAY SAFE

Join thousands of families talking PANTS – and help keep children safe

Talking PANTS is a simple and memorable way for families to teach children how to stay safe. There are child-friendly materials and guides for adults. There's even a song. You can find all you need at nspcc.org.uk/pants

PRIVATES ARE PRIVATE
ALWAYS REMEMBER YOUR BODY BELONGS TO YOU
NO MEANS NO
TALK ABOUT SECRETS THAT UPSET YOU
SPEAK UP, SOMEONE CAN HELP



NSPCC

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Supported by
**London Borough
of Hounslow**

LEARN PANTOSAURUS' FIVE EASY RULES FOR STAYING SAFE

PRIVATES ARE PRIVATE

Your underwear covers up your private parts and no one should ask to see or touch them. Sometimes a doctor, nurse or family members might have to. But they should always explain why, and ask you if it's OK first. Remember, what's in your pants belongs only to you.

ALWAYS REMEMBER YOUR
BODY BELONGS TO YOU

No one should ever make you do things that make you feel embarrassed or uncomfortable. If someone asks to see or tries to touch you underneath your underwear say 'NO' – and tell someone you trust and like to speak to.

NO MEANS NO

You always have the right to say 'no' – even to a family member or someone you love. You're in control of your body and the most important thing is how YOU feel. If you want to say 'No', it's your choice.

SPEAK UP, SOMEONE
CAN HELP

It's always good to talk about stuff that makes you upset. If you're worried, go and tell a grown up you trust – like a family member, teacher or one of your friend's parents. They'll say well done for speaking out and help make everything OK. You can also call Childline on **0800 1111** and someone will always be there to listen.

TALK ABOUT SECRETS
THAT UPSET YOU

There are good secrets and bad secrets. If a secret makes you feel sad or worried, it's bad – and you should tell an adult you trust about it straight away.

Remember all of these
rules and they'll help
you stay safe, just like
Pantosaurus



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ST MARY'S CATHOLIC PRIMARY SCHOOL

Mother's Day 'Bag For Life' Gift

This year we're giving the children the chance to design their very own 'Bag For Life' just for you especially for Mother's Day.

During school hours the teachers will be facilitating this project and asking each child to write and draw their own special designs and messages on a good quality canvas bag for the special mum/carer or person in mind. We will then wrap them up and give them out during the last week leading up to Mother's Day.

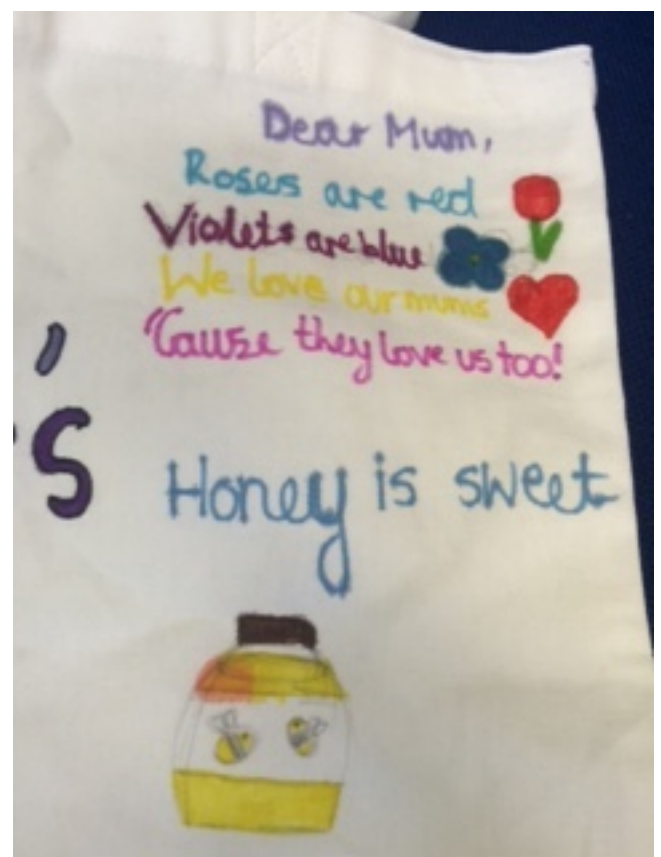
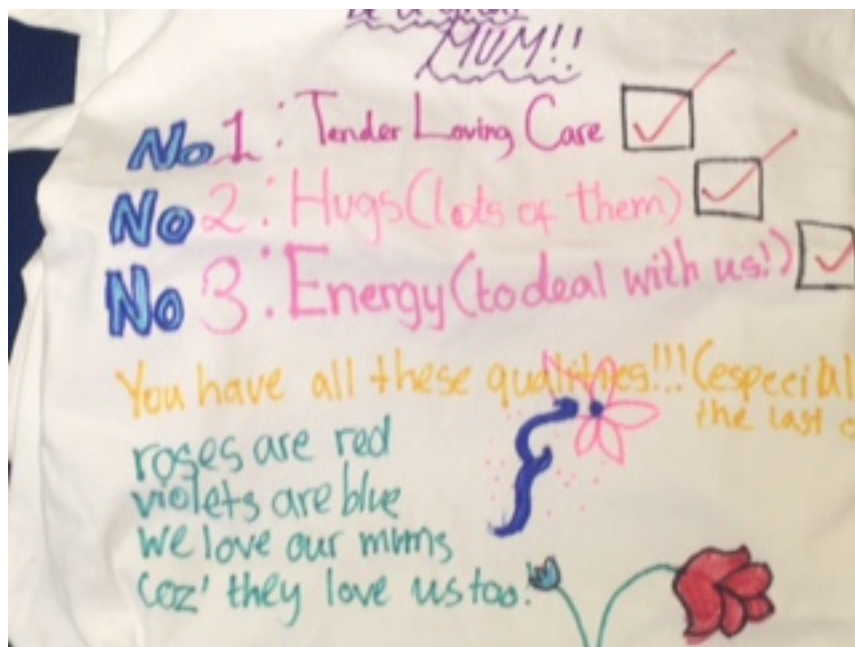
Every child will be given one bag to decorate and for families with siblings they are more than welcome to decorate their bag for Grandma, Aunty etc.



This year, in return we will be asking for a donation for each bag and all proceeds will go towards the PTA school fund.

Bags can be purchased now online via the 'stmaryspta' App.





HOLIDAY DATES FOR SCHOOL YEAR 2017 – 2018

**Revised Dates for
17-18**



Autumn Term begins

Monday 4th September 2017 INSET DAY

Return to school

Tuesday 5th September

Half Term Week

school closed Monday 23rd – Friday 27th October 2017

Return to school

Monday 30th October 2017

Christmas Holiday

School closes at 2 p.m. on **Wednesday 20th December 2017**



Spring Term begins

Friday 5th January 2018 INSET DAY

Return to school

Monday 8th January 2018

Half Term Week

school closed Monday 12th – Friday 16th February 2018

Return to school

Monday 19th February 2018

Spring Term Holidays

School closes at 2 p.m. on **Thursday 29th March 2018**



Summer Term begins

Monday 16th April 2018

National Bank Holiday

school closed

Monday 7th May 2018

National Bank Holiday

school closed

Monday 28th May 2018

Half Term week

school closed Tuesday 29th May – Friday 1st June 2018

Return to school

Monday 4th June 2018

End of school year

School closes at 2 pm on **Friday 20th July 2018**

Monday 23rd July – INSET Day

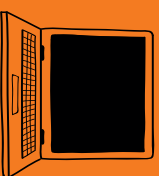
LOVE SCHOOL Meals



Love School Meals is how you can keep up-to-date with everything you need to know about our delicious and nutritious school meals.

Our monthly e-newsletter provides information about what's new on the menu each term, tips on tackling fussy eaters, information about our Beyond the Kitchen educational activities and so much more. We even run competitions so you have a chance to win great prizes too!

How do I sign up?



Register your details quickly and easily at www.lovesschoolmeals.co.uk. Oh, and don't forget to search **Love School Meals** on Facebook and like our page and follow us on Twitter **@lovesschoolmeals**



Need more information?

If you would like more information on school meals please contact us on:



@LOVESCHOOLMEALS
<http://lovesschoolmeals.co.uk/hounslow/>



Here's the menu for the Spring Term.

All infant children have a free cooked school lunch everyday. Remember you still need to use ParentPay to record your child's choice.

Any Junior child can have a school dinner on any day they want.

Dinners cost £2.20 and you will need to make your child's choice using ParentPay and make sure that your account is in credit. You can choose a dinner for your child up to midnight on the evening before the meal is cooked. If your child normally has sandwiches they can still have a dinner on as many days a week as they want. We do not require any notice of the change over.

Week one

02/01 30/01 06/03

Choose a main meal...

Beef Lasagne (M)
Creamy Beefy Carbonara, Borlotti Beans & Mushroom with Sweetcorn v
Bacon, Red Onion & Cheese Stuffed Jacket Skirts (A)

on the side...

Brains Broccoli
Casey Carrot
for dessert...

Wholemeal Apple & Cinnamon Crumble & Custard

Choose a main meal...

Chicken, Tomato, Sweet Pepper and Vegetable Herby Pasta (M)
Mozzarella & Tomato Pizza & Chop Chop
Casey Carrot & Zingy Ginger Soup with **Choose both (A) meal...**

on the side...

Barry Baked Beans
Chop Chop Salad
for dessert...

Silvertops Yummy Yoghurt with Melon & Peaches

Choose a main meal...

Spagheti Lamb Bolognese (M)
Mild Mexican Chili with Soft Taco v
Bud'n, Juid Spud with Tuna Mayo (A)

on the side...

Brains Broccoli
Sadie Sweetcorn
for dessert...

Silvertop's Yummy layered Fruit Yoghurt Cream

Week two

09/01 06/02 13/03

Choose a main meal...

Pork Sausage (M)
Vege Sausage v
Lightly Spiced Carrot Soup with Gherany Bread Sticks v (A)

on the side...

Home Baked Sweet Potato Wedges
Barry Baked Beans
for dessert...

Silvertop's Cool Ice Cream

Choose a main meal...

Spagheti Lamb Bolognese (M)
Mild Mexican Chili with Soft Taco v
Bud'n, Juid Spud with Tuna Mayo (A)

on the side...

Brains Broccoli
Sadie Sweetcorn
for dessert...

Silvertop's Yummy layered Fruit Yoghurt Cream

Week three

16/01 20/02 20/03

Choose a main meal...

Pork Bangers on Mash Mountain & Gravy (M)
Vege Bangers on Mash Mountain & Gravy v
Bud'n, Juid Spud with a Choice of Fillings v (M)

on the side...

Barry Baked Beans
Green Beans
for dessert...

St Clement's Cookie

Choose a main meal...

BBQ Turkey Balls with Wholemeal Rice (M)
Pasta Pack's Mac'n Cheese Macaroni Cheese v
Pea, Potato & Spinach Soup with an Oaty Roll v (A)

on the side...

Brains Broccoli
for dessert...

Silvertop's Yoghurt with a Warm Berry Compote

Choose a main meal...

Roast Beef, with Bud's Crispy Spuds & Gravy (M)
Sweet Potato and Squash Stey served with Bud's Crispy Spuds v
Tuna Sweetcorn Wrap (A)

on the side...

Mixed Fresh Vegetables
for dessert...

Fruit Jelly

Week four

23/01 27/02 27/03

Choose a main meal...

Beef Burger in a Bun with Wedges (M)
Vege Burger in a Bun with Wedges v
Bud'n, Juid Spud with a choice of fillings (A)

on the side...

Barry Baked Beans
Garden Peas
for dessert...

Silvertops Lemonicious Yoghurt with a Crunchy Biscuit Top

Choose a main meal...

Mince Lamb & Tomato Pasta (M)
Vegetarian Lasagne v
Sweet Potato & Casey Carrot Soup with Wholegrain Bread Fingers (A)

on the side...

Green Beans
Broccoli
for dessert...

Chocolate Cookie

Choose a main meal...

Roast Turkey with Bud's Crispy Spuds & Gravy (M)
Cauliflower, Sweetcorn, Potato Bake with Bud's Crispy Spuds v
Crunchy Cheese Tortilla Wrap (A)

on the side...

Cabbage
Cauliflower
for dessert...

Raisin & Apple Flapjack

Choose a main meal...

Sadie's Chinese Chicken Noodles (M)
Caramelised Red Onion, Spinach, Tomato and Cheese Tart with Cous Cous v
Creamed Spinach Soup & Wholemeal **Baked (A) main meal...**

on the side...

Casey Carrots
Broccoli
for dessert...

Fresh Fruit Salad

Choose a main meal...

Salmon Goujons & Crushed New Potatoes (M)
Mozzarella & Tomato Pizza with Pepper & Sweetcorn Topping with Apple Slaw v
Dhal & Basmati Rice v (A)

on the side...

Baked Beans
Sweetcorn
for dessert...

Pineapple & Carrot Cake & Custard

Friday

Choose a main meal...

Tuna Pasta Bake (M)
Chicken & Vegetable Curry & Rice v
Bud'n, Juid Spud with a choice of fillings (A)

on the side...

Barry Baked Beans
Garden Peas
for dessert...

Tutti Frutti Cake & Custard

Thursday

Choose a main meal...

Shepherd's Pie (M)
Vege Shepherdess Pie v
Tomato & Basil Soup with Giant Herby Croustons v (A)

on the side...

Cabbage
Sweetcorn
for dessert...

Chocolate Sultana Crispe

Wednesday

Choose a main meal...

Roast Pork with Bud's Crispy Spuds & Gravy (M)
Quorn Roast with Bud's Crispy Spuds & Gravy v
Egg Mayo & Cress Petit Pain (A)

on the side...

Casey Carrots
Braised Leeks
for dessert...

Boss Banana & Sticky Toffee Pudding

Choose a main meal...

Sweet'n sour Chicken served on Wholemeal Rice (M)
Mega Mozzarella Pizza with Red Cabbage Colelaw on the side v
Bud'n, Juid Spud with Cheese & Baked **Banana (A) main meal...**

on the side...

Barry Baked Beans
Green Beans
for dessert...

Creamy Rice Pudding with Sultanas

Choose a main meal...

Fish & Chips & Ketchup (M)
Italian Style Vegetable Frittata, Herby Garlic Bread Wedge & Ketchup v
Keena Matar (lightly spiced veggie mince with peas) on Basmati Rice v (A)

on the side...

Sweetcorn
Chop Chop Crunchy Salad
for dessert...

Orange Chocolate Brownie



We have a fresh salad bar available daily
We Bake Bread Daily
If your child receives or needs a special diet or allergen menu, please speak to your catering manager or contact us

(M) Main Meal (V) Dishes Suitable for Vegetarians (A) Alternative Menu Choice

There is a vegetarian choice **every day**... and don't forget that salad is available **daily**.

Keep yourself topped up with water - it will help you concentrate **all day long**.

If you don't fancy dessert, you can **always** enjoy fresh fruit or yoghurt.



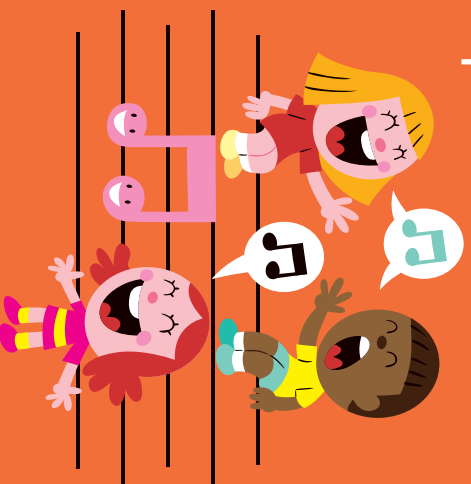
VICTORIA CHILDREN'S CHOIR

COME and learn sacred repertoire to sing in Westminster Cathedral

LEARN to sing secular repertoire for concert performances

COME to vocal masterclasses and acting workshops

Choirmaster:
Ben Vonberg-Clark



www.westminstercathedralchoir.com/outreach

Home Start

Support and friendship
for families

**Are you a parent/grandparent?
Would you like to help local families?**



If you can spare a few hours a week to help families with children under 5, local charity Home-Start Hounslow can train you to support those having a difficult time. The free volunteer course runs from 25 April to 13 June on Tuesdays at our offices.

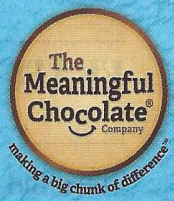
To find out more, contact Harprit Kumar
020 8577 9552

harprit_homestart_hounslow@yahoo.co.uk

Home-Start Hounslow,
Ermine Centre, 18 Ermine Close, Hounslow TW4 7PW
Registered Charity No: 1160686



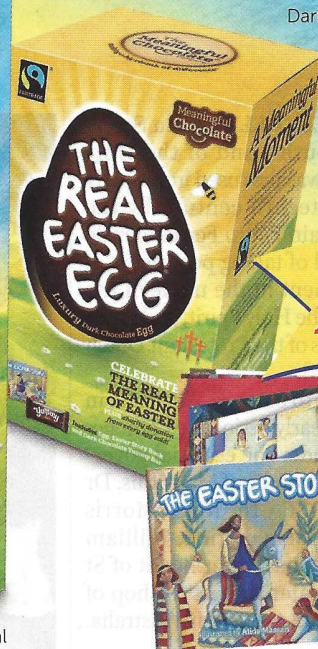
The egg that shares the Easter story



Special Edition



Original



Dark

This year's Easter story

Original (RRP £3.99)

A fresh new redesign. Includes an Easter story activity book, illustrated by award winning artist, Alida Massari, a high quality milk chocolate egg (125g) & Yummy Bar (25g)

Dark (RRP £5.50)

An egg made from premium dark Fairtrade chocolate (155g) with dark Yummy Bar (25g) and Easter story activity book.

Special Edition (RRP £8.50)

Contains a high quality milk chocolate egg (200g), an Easter traditions booklet and orange milk chocolate bar (80g).



TRAIDCRAFT
Fighting poverty through trade

A 24 page Easter story-activity book illustrated by Alida Massari is included in the Original and Dark eggs.

Out of the 80 million Easter eggs sold in this part of the world every year, The Real Easter Egg is the only one which has an Easter story book in the box, is made of Fairtrade chocolate and makes a donation to charity from its sales.**

The egg that shares the Easter story

The Real Easter Egg was launched in 2010. It was a real struggle as all the supermarkets turned it down at first. To date, we have sold more than one million eggs with 750,000 of these sent through the post directly to churches and schools. Not only has there been an increase in Fairtrade chocolate sales, but nearly £250,000 has been donated to charity.

To allow us to continue to make The Real Easter Egg, we need people to switch and buy. Don't forget, delivery is free if you spend more than £45 and order by 6th March 2017.

How your church can be involved

Direct sales are very important for our company to trade. So we hope you will join the campaign and encourage people to buy directly from us. You can download resources or buy from us today by visiting our website www.realeasteregg.co.uk

**There is a charitable donation for every 150g egg sold.

Download marketing resources or buy from our website at:

www.realeasteregg.co.uk



How to order

FREE DELIVERY

if ordered before 6th March 2017*

Pay online by card - The simplest way

to pay is to visit our online shop at www.realeasteregg.co.uk

Payment by cheque - Complete the form below and return to:

The Meaningful Chocolate Company, 11a Eagle Brow, Lymm, WA13 0LP.
Cheques payable to 'The Meaningful Chocolate Company Ltd'.

Delivery Address:

Title: First Name: Surname:
Tel. No: (Daytime) Email:

| | No. of Eggs | Total |
|--|--------------------------|-------|
| Original Real Easter Egg (150g) (£3.99 each must be ordered in multiples of 6) £23.94 | | |
| Special Edition Real Easter Egg (280g) Can be ordered in singles, each egg £8.50 | | |
| Dark Real Easter Egg (180g) (£5.50 each must be ordered in multiples of 6) £33.00 | | |
| Postage & Packaging See terms and conditions below | FREE* or £4.95 | |
| Grand Total | | |

*Free delivery on orders over £45 and received by 6th March.



Providing a range of opportunities for all learners to be their best and inspired

EASTER SOCCER SCHOOLS

BERKSHIRE & MIDDLESEX

Monday 3 – Friday 14 April 2017

Ages: 3 – 13

Our fully trained and vetted coaches will help you develop your skills in a fun and safe environment through individual drills and games, small sided matches and festivals.

From
£17



ELITE PATHWAY OPPORTUNITIES



FOUNDATION

For further details please contact:
berkshire.development@chelseafc.com
middlesex.development@chelseafc.com
or 01932 596 193

To: LBH Schools**Date:** 10/3/17**From:** Allison McGann**Tel:** 0208 583 2562**Email:** Allison.mcgann@hounslow.gov.uk

Advice Regarding Car Seats for Children:

Legislation states children should be in the appropriate seat until either their **12th birthday** or they reach **135cms (4ft 5) in height** - although Road Safety Professionals advise 150cms (5ft) tall, as seat belts should then fit properly and comfortably.

The law has recently changed regarding the use of backless booster seats (known as booster cushions). The new regulation stops manufacturers creating new models of booster cushions for children shorter than **125cm (4ft 1)** tall or weighing less than **22kg (3st 6.5lb)** - they will be aimed at use by older children only. This follows evidence that high-backed boosters offer more protection for a child's head and chest areas, than backless ones.

But don't panic! If you currently have a booster cushion, you can still use them legally. However, we do advise that high-backed booster seats are a better option than booster cushions because they offer more protection against accidents, particularly in side impacts.

Old stock of booster cushions may still be available to buy, but your child will be safer in the high back booster. Please read manufacturer's labels and instructions to make sure you have the appropriate seat for your child.

The aim of the new regulations is to start a behaviour change so that only older children use backless booster seats. The changes will happen slowly as new models come on to the market and parents decide to follow the new guidelines when they buy a booster seat.

Please see the following websites for more information:

gov.uk/child-car-seats-the-rules
roadsafety@hounslow.gov.uk
goodeggcarsafety.com

Summary of safest way to carry babies and children:

Please note the child seats go on **height and weight** rather than age. Harnesses should be tight - two flat finger rule - that's all you need to get under them. No big coats / snow suits, as the harness needs to lay as close as possible to the body. The seat should be fitted tightly to the car using the seat belt or ISOfix. Always follow manufacturer's instructions.

Group 0 & 0+ Baby Seat - up to 13kgs or the top of babies head crowns the top of the chair. Feet and legs are fine to dangle over, it's the head and neck that need protection. Do not change them to forward facing too soon - they are much safer rear facing.



Group 1 Child Seat - up to 18 Kgs. Head allowed to be over the top of the chair - once the eye line is level with the back or they exceed the weight of the chair, move them to the next stage.



Group 2 Hi Back Booster Seat - up to 36kgs from when they grow out of the seat above. Ideally until their 12th birthday or 150cms tall, or exceed the maximum weight of the seat.



Group 3 Booster Cushion - (no longer recommended) but legal for children over 22kgs and 125cms tall.

