

# St Mary's, Isleworth

## Newsletter for

### 31st March 2017



## Easter Holidays

On the last day of term (remember we finish at 2pm and children can wear Easter colours) your child/ren will receive an Easter egg from us. Please accept this gift as a sign of good wishes from us to the children and families of St Mary's for a very Happy and Holy Easter. Have a great holiday everyone!

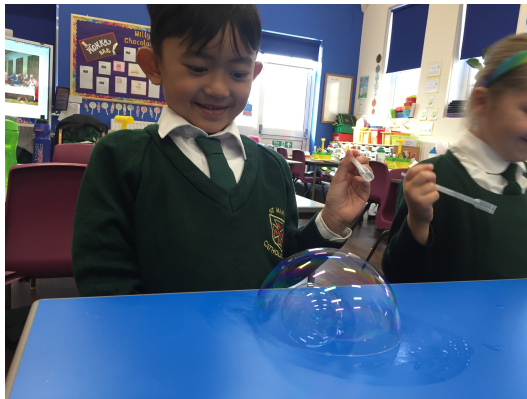
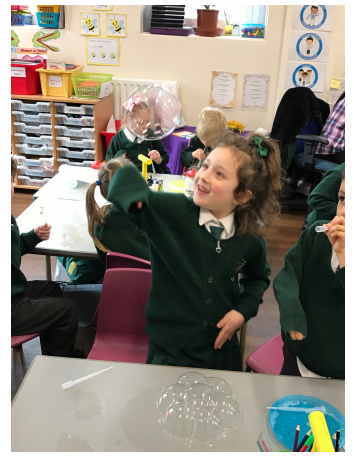
Unfortunately this is the last year we will be sending Easter eggs home.

When we return from the Easter holiday we will be without Mrs Williams who will be recovering from a routine operation for the first half of the Summer Term. We wish her all the best for a speedy recovery.

The new school budget starts on 1st April and we are beginning to make cuts to our provision. From the new term your child/ren will need a fully stocked pencil case. The school will no longer be providing items such as rubbers, pencil sharpeners, pencils, crayons and the like. If you are unsure about what your child will need please speak to the teachers.

From September we will no longer offer the extra musical instrument instruction to whole classes. We are very sad to have to withdraw music tuition but we have to try to balance the budget.

In Year 1 last week, we were lucky enough to meet Professor Bubbleworks! She taught us how to make bubbles. We made big bubbles and bubbles inside bubbles! Some of us learnt how to bounce bubbles on our clothes. If we used our hands, they would pop! We had great fun and can't wait to show our families how to make bubbles.



Science  
at St Mary's

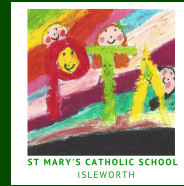


May the Holy Spirit lead us on a true journey of conversion, so that we can rediscover the gift of God's word, be purified of the sin that blinds us, and serve Christ present in our brothers and sisters in need.

Let us pray for one another so that, by sharing in the victory of Christ, we may open our doors to the weak and poor. Then we will be able to experience and share to the full the joy of Easter.

Pope Francis





ST MARY'S PTA

# QUIZ NIGHT

SATURDAY  
22ND APRIL

7.30PM - 10.30PM  
MAIN SCHOOL HALL

*Grown Ups Only*

Book the babysitter, catch up on the news and Google lots, it's going to be an entertaining night!

Tickets can be booked online via the 'stmaryspta' App and includes Dinner, Quiz entry and a chance to win a prize.

Don't miss out on Early Bird Half-Term tickets priced **£12.50** per person if booked before **18/04/17**. After this date, tickets are £15 pp and available until 20th April 2017.

Please come and join us at this fun event and help raise money for our school.



**St Mary's Catholic Primary School - New Junior Building**  
**Utilities work Programme March - April 2017**

<b>Weekly schedule</b>	<b>Activity</b>
	-
<b>Week commencing 27<sup>th</sup> February</b>	<ul style="list-style-type: none"> <li>- Install remainder of water mains and hydrant pipework</li> <li>- Thames Water Bye-Law inspection of pipework</li> <li>- Chlorination of all pipework</li> </ul>
<b>Week commencing 6<sup>th</sup> March</b>	<ul style="list-style-type: none"> <li>- New electrics main, installation of duct and cables</li> <li>- New gas main, installation of duct and pipework</li> <li>- Data, Intruder alarm &amp; Fire System links (cables) to main school building</li> </ul>
<b>Week commencing 13<sup>th</sup> March</b>	<ul style="list-style-type: none"> <li>- Backfill all trenches &amp; reinstate surfacing</li> </ul>
<b>Week commencing 3<sup>rd</sup> April</b>	<ul style="list-style-type: none"> <li>- Thames water connecting NEW water supply to school, digging of trench across road outside school and laying pipework, commissioning the whole system</li> <li>- Upgrade of existing gas meter to a larger one</li> </ul>
<b>Week commencing 10<sup>th</sup> April</b>	<ul style="list-style-type: none"> <li>- Disconnect old water supply</li> <li>- Adapt new water supply to church hall</li> <li>- Disconnect old water supply to school buildings and connect new supply</li> </ul>
<b>To be confirmed</b>	<ul style="list-style-type: none"> <li>- Resurfacing of the whole school Car Park</li> </ul>
	-
<p><b>There continues to be no parking during the work, there is only access for deliveries and emergency access. Pedestrian access for pupils and adults is via the small gate near the Church.</b></p>	

# Year Three Go Sky High!



Last week Professor Bubbleworks visited the school and did a workshop with each class. It was amazing!

As a result of our topic on Forces and Magnets, Year 3 were treated to a Rockets workshop. We all went out into the playground to watch Professor Bubbleworks set up her equipment.



We learnt all about how different chemical reactions can increase the pressure inside a bottle and result in an explosion.

We had to guess how high each rocket would fly...

The answer? EXTREMELY HIGH!

We had a lot of fun, however DON'T TRY THIS AT HOME!





# Family Cycling Course

- ☐ 10th & 11th April, Starts Osterley Leisure Centre
- ☐ 12th & 13th April, Starts Hanworth Leisure Centre
- ☐ Led ride around the local area
- ☐ Free for residents of Hounslow
- ☐ Qualified instructors

Our 'Family Cycling Course' is perfect for families with children over 10 and runs on the 10th-11th & 12th-13th April, 1030 - 1400, allowing half an hour for lunch ( not provided ). Up to 3 children per adult and children under 16 must be accompanied by an adult. Participants will need a roadworthy bicycle.



**London Borough  
of Hounslow**

[www.londonbikehub.com/hounslow](http://www.londonbikehub.com/hounslow)  
[www.hounslowtravelactive.co.uk](http://www.hounslowtravelactive.co.uk)  
Email [info@londonbikehub.com](mailto:info@londonbikehub.com)



**London Borough  
of Hounslow**



**CHANGE GEAR**

## Half Term **Cycle** Courses

**3 - 4 April 09:30 - 16:00**  
**Osterley Sports Centre**  
£10 booking & admin fee applies

**5 - 6 April 09:30 - 16:00**  
**Hanworth Air Park Leisure Centre**  
£10 booking & admin fee applies

- Strengthen Bikeability skills
- Improve cycle confidence
- Friendly & fun atmosphere
- Cycle games and more!



Check out our website for courses, venues & times  
[parkwoodoutdoors.com/centre/hounslow-bikeability](http://parkwoodoutdoors.com/centre/hounslow-bikeability)  
or call today on **07766 246785**

**LIFE'S BETTER ON TWO WHEELS**

#### 4E

Lukasz A

Evie B

Emmanuela D

Meg F

Daniel F

Jack H

Fortune I

Anna K

Oscar M

Taylor M

Anisa Z

#### 4S

Eva G

Daniel L

Lila M

Pablo M-F

Darcey M

Anyia P-M

James R

Isabella W

Chloe W

#### Y5

Anna D

Luke G

Liam H

Marlene I

Naomi K

Lilly-Mae L

Angelika R

Ben T

Katie T

Phoebe W

#### Y6

Dara A

Matthew B

Holly B

Aiden B

Billy C

Belen C

Isabella D

Patrick E-Z

Damian G

Camila G

Patrick G

Dona J

Eoin M

Frank M

Sam S

Elyana Z

Congratulations  
to these children  
who achieved  
100%  
attendance for  
the Spring term.  
Their attendance  
badges were  
given out to  
them on  
Monday. Well  
done all of you!



**SQUIRRELS**

Matilda D

Evan F

Nicole H

Isabella K

Olivier L

Annie T

**BUMBLEBEES**

Ryan G

Harry K-G

Ciara K

Erin L

Iona M

**DOLPHINS**

Charles A

Zain C

Samuel G

Luca M

Dylan N

Zara Q

Hayden S

**1L**

Isaac B

Elsie C

Elsie F

Vienna G

Laura K

Patrick R

Molly R

Hannah S

Maja S

Nicholas S

Oliver V

**1P**

Arthur B

Szymon D

Leonardo G J

Samuel H

Sofia M- F

Alycia M

Lauren Q

Andrew R

Arabella R

**2C**

Ted E

Daniel H

Della J

Marc K

Francis L

Callan O'S

Samuel R

Karen S

Edward W

**2F**

Emma A

George D

James E

Ben G

Nicole K

Dominika M

Tiffany-Rose M-G

Sofia N-M

Jack O

Sophie S

Jakub S

Emilia T

Johnny W

Tamara Z

**3L**

Sophia A

Lenny B L

Olivia C

Isla C

Oran D

Nicole D

Patryk F

Joshua G

Edward M

Gabrielle Q

Jose T

Jennifer W

**3M**

Jordan B

Jacob B

Joshua C

Marina C

Joseph D

Olivia G

Brendan G

Nikola K

Anna-Sophia M

Joshua S

# Here's the Summer school dinner menu.

Our commitment to  
**healthy eating**  
in our schools

Our commitment to healthy eating in our schools is still as strong as ever. We go a long way to ensure that children eat well and understand the importance of a healthy diet and lifestyle.

We can adapt our menus to meet **special dietary requirements** so that school meals can be enjoyed by all children.

We're proud that all our menus **meet or exceed** Government food and nutrition standards.

Wherever possible we **minimise and eliminate** food additives in the school meals we serve.

The rigour in our sourcing means that we can **trace all our products back to source.**

Our very own team of nutritionists develop all our menus to ensure **balanced and healthy choices.**

## Food **Super Heroes** Menu

<http://loveschoolmeals.co.uk/hounslow/>

  
**Chartwells**  
EAT LEARN LIVE



## Week one

17/04 15/05 19/06 17/07

### Monday

**Choose a main meal...**  
Chicken & Vegetable Ratacouille with Wholemeal Flice (M)  
Mega Mozzarella & Tomato Stone-baked Pizza v (V)  
Tuna Mayonaisse Roll (P)

**on the side...**  
Saddle Sweetcorn Chop Chop Salad

**for dessert...**  
Individual Custard Pot (choice of Banana, Chocolate or Strawberry)

### Tuesday

**Choose a main meal...**  
Pork Bangers with Mash Mountain & Gravy (M)  
Veggie Bangers with Mash Mountain & Gravy v (V)  
Bud's Baked Spud with Baked Beans or Grated Cheese (A)  
**Choose a main meal...**

**on the side...**  
Barry Baked Beans Diced Swede

**for dessert...**  
Chocolate Cookies

### Wednesday

**Choose a main meal...**  
Roast Beef with Bud's Crispy Spuds & Gravy (M)  
Super Quorn Roast with Bud's Crispy Spuds & Gravy v (V)  
Egg Mayo & Cress Petit Pain (P)

**on the side...**  
Seasonal Cabbage Sliced Carrots

**for dessert...**  
Fruits of Forest Cake

### Thursday

**Choose a main meal...**  
Spinach & Ricotta Tortellini Napoletana (M)  
Veggie Mince Chilli with Whole Grain Rice v (V)  
Tomato & Basil Soup with Giant Herby Crostons v (A)  
**Choose a main meal...**

**on the side...**  
Broccoli Sweetcorn

**for dessert...**  
Individual Muller Yoghurt

### Friday

**Choose a main meal...**  
Fish Fingers, Mash & Ketchup (M)  
Roasted Vegetable Bean Wrap & Mash v (V)  
Dhal & Basmati Rice v (A)  
**Choose a main meal...**

**on the side...**  
Barry Baked Beans Garden Peas

**for dessert...**  
Tutti Frutti Cake & Custard

## Week two

24/04 22/05 26/06

**Choose a main meal...**  
Mega Mozzarella & Tomato Stone-baked Pizza v (M)  
Spanish Style Vegetable Paella v (V)  
Hummus & Falafel Wrap (P)

**on the side...**  
Casey Carrots Green Beans

**for dessert...**  
Cheese & Crackers

**Choose a main meal...**  
Beef Meatballs Italian Style & Wholemeal Flice (M)  
Veggie Balls Italian Style & Wholemeal Flice v (V)  
Cheese & Red Onion Stuffed Bud'n Judo Spud (A)  
**Choose a main meal...**

**on the side...**  
Brains Broccoli Saddle Sweetcorn

**for dessert...**  
Pineapple & Carrot Cake & Custard

**Choose a main meal...**  
Roast Pork, Bud's Crispy Spuds & Gravy (M)  
Vegetable & Potato Cheese Baker (V)  
Chicken Tikka Wrap (P)

**on the side...**  
Casey Carrots Cauliflower

**for dessert...**  
St Clement's Cookie

**Choose a main meal...**  
Chicken & Tomato Wholemeal Pasta (M)  
Macaroni Cheese v (V)  
Spicy Casey Carrot Soup with a Chunk of Wholemeal Bread (A)  
**Choose a main meal...**

**on the side...**  
Sweetcorn Chop Chop Salad

**for dessert...**  
Individual Muller Yoghurt

**Choose a main meal...**  
Breaded Fish & Chips & Ketchup (M)  
Veggie Nuggets & Chips v (V)  
Jacket Potato with Cheesy Coleslaw v (A)  
**Choose a main meal...**

**on the side...**  
Garden Peas Barry Baked Beans

**for dessert...**  
Orange & Chocolate Cake & Custard

## Week three

01/05 05/06 03/07

**Choose a main meal...**  
Beef Burger in a Bun with Jacket Wedges (M)  
Crispy Vegetable Burger in a Bun with Jacket Wedges v (V)  
Grated Cheese & Apple Slaw Roll (P)  
**Choose a main meal...**

**on the side...**  
Barry Baked Beans Sweetcorn

**for dessert...**  
Chocolate Brownie & Custard

**Choose a main meal...**  
Mega Mozzarella & Tomato Stone-baked Pizza v (M)  
Quorn & Vegetable Ratacouille on Wholemeal Flice v (V)  
Jacket Potato with Cauliflower & Chickpea Korma v (A)  
**Choose a main meal...**

**on the side...**  
Green Beans

**for dessert...**  
Individual Muller Yoghurt

**Choose a main meal...**  
Roast Turkey with Bud's Crispy Spuds & Gravy (M)  
Spanish Omelette served with Bud's Crispy Spuds v (V)  
Cheese Roll with Pasta Salad (P)  
**Choose a main meal...**

**on the side...**  
Mixed Fresh Vegetables

**for dessert...**  
Fruit Jelly

**Choose a main meal...**  
Chinese Style Chicken Noodles (M)  
Oriental Vegetable Noodles v (V)  
Spiced Chick Pea & Coconut Soup with Naan Bread (A)  
**Choose a main meal...**

**on the side...**  
Braised Cabbage Sweetcorn

**for dessert...**  
Tutti Frutti Cake & Custard

**Choose a main meal...**  
Papa Potato & Spinach Soup with an Dairy Roll Fish Fingers, Mash & Ketchup (M)  
Quorn Hotdog v (V)  
Bud'n Judo Spud with Grated Cheese (A)  
**Choose a main meal...**

**on the side...**  
Barry Baked Beans Garden Peas

**for dessert...**  
Apple & Raisin Flapjack

## Week four

08/05 12/06 10/07

**Choose a main meal...**  
Beally Cheesy Pizza Bianca (M)  
Pasta Pack's Tomato & Basil Pasta v Egg Mayonaisse Roll (P)  
**Choose a main meal...**

**on the side...**  
Broccoli Sweetcorn

**for dessert...**  
Silvertops Cool Ice Cream Pot

**Choose a main meal...**  
Chunky Chicken Bite (tomato breaded chicken with pasta salad) (M)  
Cheese & Red Onion Quiche with Pasta Salad v  
Jacket Potato with Chunky Red Coleslaw (A)  
**Choose a main meal...**

**on the side...**  
Green Beans Tomato Salsa

**for dessert...**  
Raspberry Loaf Cake

**Choose a main meal...**  
Roast Chicken, with Bud's Mash & Gravy (M)  
Baked Bean & Cheese Bubble & Squeak v Crunchy Humus & Red Pepper Tortilla Wrap (P)  
**Choose a main meal...**

**on the side...**  
Seasonal Cabbage Carrots

**for dessert...**  
Chocolate Crispy

**Choose a main meal...**  
Saddle's Beef Lasagne with Garlic Bread Wedge (M)  
Caramelised Red Onion, Spinach, Tomato and Cheese Tart with Cous Cousins  
**Choose a main meal...**

**on the side...**  
Garden Peas Chop Chop Salad

**for dessert...**  
Fresh Fruit Salad

**Choose a main meal...**  
Creamed Spinach Sausages & Wholemeal Roll v (A)  
Bolly Salmon Fillet & Chips (M)  
BBQ Quorn & Bean Wrap with Chippy Dhal & Basmati Rice v (A)  
**Choose a main meal...**

**on the side...**  
Baked Beans Sweetcorn

**for dessert...**  
Pineapple & Carrot Cake & Custard

We have a fresh salad bar available daily

We Bake Bread Daily

If your child receives or needs a special diet or allergen menu, please speak to your catering manager or contact us

(M) Main Meal (V) Dishes Suitable for Vegetarians (A) Alternative Menu Choice



There is a vegetarian choice every day... and don't forget that salad is available daily.

Keep yourself topped up with water - it will help you concentrate all day long.

If you don't fancy dessert, you can always enjoy fresh fruit or yoghurt.





Bike  
feeling tired?  
Need an experts eye?

Come to our **FREE Dr Bike** sessions...

If your bike has been stuck in the shed for too long, bring it along and get it checked over for free. Mechanics will be able pump up the tyres, check your brakes and do simple repairs for FREE. They will also let you know if more major work is needed, helping you get back on two wheels this spring!

Sounds great? Join our bike experts on:

Saturday 1st April 9am -11am  
Hounslow Civic Centre, Lampton Road, TW3 4DN

Monday 10th April 9.30am - 10.30am  
Osterley Leisure Centre, Wood Lane, TW7 5FF

Wednesday 12th April 9.30am – 10.30am  
Hanworth Air Park Leisure Centre, Uxbridge Road, TW13 5EG

For more details contact: [roadsafety@hounslow.gov.uk](mailto:roadsafety@hounslow.gov.uk)



London Borough  
of Hounslow



**MARBLE HILL  
PLAYCENTRES**



We are open from  
**3rd April - 29th September**  
Adventure Playground: 5 -15 year olds  
One O'Clock Club: 0-5 year olds  
Inclusive Play Project:  
For children with additional needs

For more information go to:  
[marblehillplaycentres.com](http://marblehillplaycentres.com)



Marble Hill Park, Richmond Road,  
Twickenham TW1 2NL



[marblehillplaycentres](https://www.facebook.com/marblehillplaycentres)



[/mhpc\\_ap\\_ooc\\_tl](https://twitter.com/mhpc_ap_ooc_tl)



# TALK PANTS AND STAY SAFE

Join thousands of families talking PANTS –  
and help keep children safe

Talking PANTS is a simple and memorable way for families to teach children how to stay safe. There are child-friendly materials and guides for adults. There's even a song. You can find all you need at [nspcc.org.uk/pants](https://nspcc.org.uk/pants)

**P**RIVATES ARE PRIVATE  
**A**LWAYS REMEMBER YOUR BODY BELONGS TO YOU  
**N**O MEANS NO  
**T**ALK ABOUT SECRETS THAT UPSET YOU  
**S**PEAK UP, SOMEONE CAN HELP



**NSPCC**

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of Hounslow**

## LEARN PANTOSAURUS' FIVE EASY RULES FOR STAYING SAFE

**P**RIVATES ARE PRIVATE

Your underwear covers up your private parts and no one should ask to see or touch them. Sometimes a doctor, nurse or family members might have to. But they should always explain why, and ask you if it's OK first. Remember, what's in your pants belongs only to you.

**A**LWAYS REMEMBER YOUR  
BODY BELONGS TO YOU

No one should ever make you do things that make you feel embarrassed or uncomfortable. If someone asks to see or tries to touch you underneath your underwear say 'NO' – and tell someone you trust and like to speak to.

**N**O MEANS NO

You always have the right to say 'no' – even to a family member or someone you love. You're in control of your body and the most important thing is how YOU feel. If you want to say 'No', it's your choice.

**S**PEAK UP, SOMEONE  
CAN HELP

It's always good to talk about stuff that makes you upset. If you're worried, go and tell a grown up you trust – like a family member, teacher or one of your friend's parents. They'll say well done for speaking out and help make everything OK. You can also call Childline on **0800 1111** and someone will always be there to listen.

**T**ALK ABOUT SECRETS  
THAT UPSET YOU

There are good secrets and bad secrets. If a secret makes you feel sad or worried, it's bad – and you should tell an adult you trust about it straight away.

Remember all of these  
rules and they'll help  
you stay safe, just like  
Pantosaurus



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# EASTER 2017 HOCKEY CAMPS

[www.totalhockey.org.uk](http://www.totalhockey.org.uk)



OFFICIAL COACHING AGENCY 2015-16

Total Hockey coaches will be joined by a number of England & GB Internationals at our up coming Easter 2017 Half Term Hockey camps. For details please go to the website.

Hosted at Richmond HC and Ealing HC .

- Camp 1 at Richmond HC is from '3rd and 4th April 2017' , and
- Camp 2 at Ealing HC is '10th and 11th April 2017'

**Camps 1 & 2 are open to all and will cater for "new to hockey" as well as the "advanced" and will include technical and tactical development. \***

- Camp 3 at Richmond HC is on 5th April, and
- Camp 4 at Ealing HC on 12th April

**Camp 3 and 4 are master-classes. \***

**Camps are for ages 7 to 16 and run from 10:00 to 15:00 each day.  
Bookings can be made for one or more days.**

**\*details on website**



[WWW.TOTALHOCKEY.ORG.UK](http://WWW.TOTALHOCKEY.ORG.UK)

**Twitter:** @Coaching\_TH

**Facebook:** TotalHockey\_Coaching

For full details of the Total Hockey camps, master classes and coaching services go to [www.totalhockey.org.uk](http://www.totalhockey.org.uk)

TK



Dear Parent and



Carers,



## HAPPY SCHOOL BAG COLLECTION – TUESDAY 18 APRIL 2017

We are delighted to announce that the school is holding a textile collection for the **Happy School Bag Fundraising Scheme**.

This scheme is designed to help schools to raise funds and to help the environment by diverting discarded but reusable textiles away from landfill. In the UK alone we consume and discard over 1.4 million tonnes of textiles a year which goes directly into landfill despite the fact that there is spare capacity in textile recycling plants. By taking part in this scheme you help to reduce this amount by giving textiles a new lease of life.

To take part you simply need to fill the Happy School bag with unwanted but clean clothing. We accept both children's and adult clothes including paired shoes, accessories (hats, belts, handbags, etc...), soft toys and bed linen.

Remember that the more you fill up the bag the more the school can raise; we receive a competitive rate of up to 65p per kilo; you can also use additional black bin bags if required.

This is a fantastic opportunity to raise eco-friendly awareness amongst children. Everyone can take part so spread the word and let's get fundraising!

The Happy School Bag van will collect from our school on **TUESDAY 18<sup>TH</sup> APRIL 2017**. **Please bring all your bags before the start of the school day from 8am onwards and drop off under the bike shelter** and help us have an amazing collection.

Many thanks for taking part!

ST MARY'S CATHOLIC PRIMARY SCHOOL PTA

**HOLIDAY DATES FOR SCHOOL YEAR 2017 – 2018**

**Revised Dates for  
17-18**



**Autumn Term begins**

**Monday 4<sup>th</sup> September 2017 INSET DAY**

**Return to school**

Tuesday 5<sup>th</sup> September

**Half Term Week**

*school closed Monday 23<sup>rd</sup> – Friday 27<sup>th</sup> October 2017*

**Return to school**

Monday 30<sup>th</sup> October 2017

**Christmas Holiday**

School closes at 2 p.m. on **Wednesday 20<sup>th</sup> December 2017**



**Spring Term begins**

**Friday 5<sup>th</sup> January 2018 INSET DAY**

**Return to school**

Monday 8<sup>th</sup> January 2018

**Half Term Week**

*school closed Monday 12<sup>th</sup> – Friday 16<sup>th</sup> February 2018*

**Return to school**

Monday 19<sup>th</sup> February 2018

**Spring Term Holidays**

School closes at 2 p.m. on **Thursday 29<sup>th</sup> March 2018**



**Summer Term begins**

**Monday 16<sup>th</sup> April 2018**

**National Bank Holiday**

*school closed*

*Monday 7<sup>th</sup> May 2018*

**National Bank Holiday**

*school closed*

*Monday 28<sup>th</sup> May 2018*

**Half Term week**

*school closed Tuesday 29<sup>th</sup> May – Friday 1<sup>st</sup> June 2018*

**Return to school**

Monday 4<sup>th</sup> June 2018

**End of school year**

School closes at 2 pm on **Friday 20<sup>th</sup> July 2018**

**Monday 23<sup>rd</sup> July – INSET Day**