

# St Mary's, Isleworth

## Newsletter for

### 24th March 2017



#### House point cup winners

A reminder that school closes at 2pm next Friday the 31st. The next achievement award assembly is on Monday 27th. Children should bring any achievements in that morning so that they can be shared at assembly.

At the assembly tomorrow morning the children will find out that for the first time all 4 houses are on equal points. This means that all of the children can wear home clothes on the last day of term - Friday 31st March. To celebrate our first '4 equal firsts' we would like to suggest that Easter colours be worn - white, yellow, purple, red and green.

#### School Expansion work update

During the Easter holiday the front school car park will be resurfaced. This is major work and will involve the removal of the old layers of tarmac.

At the same time the builders are hoping to connect the new water pipes with the supply. This involves digging across South Street. This work has not yet been confirmed but it's our hope that (in order to stay on time) this work proceeds.

#### OFSTED REPORT UPDATE

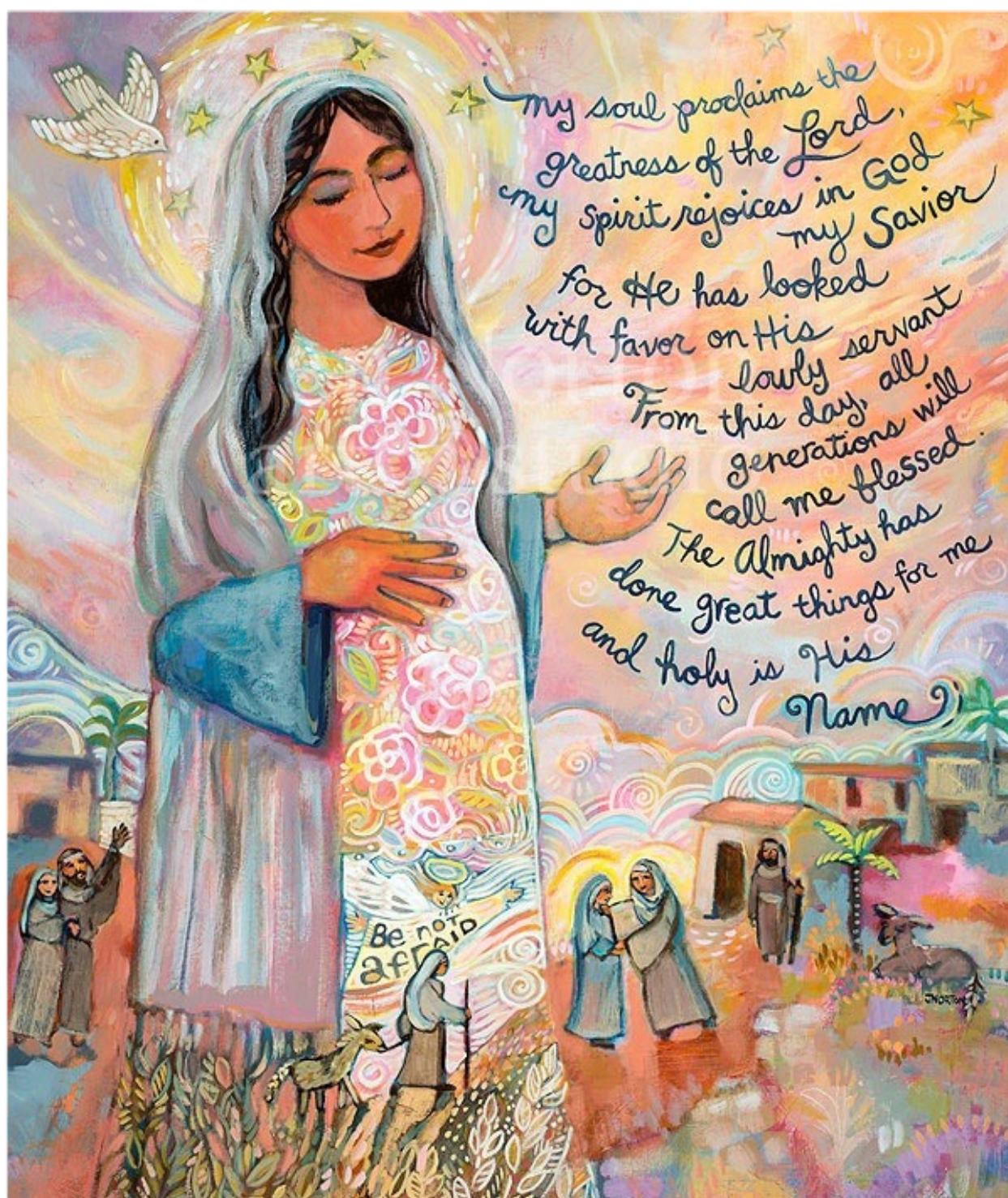
I have now reviewed the OFSTED report and made comments on any factual inaccuracies. The report has now gone back to OFSTED for the next round of checks and quality assurance. As soon as I am given the go ahead to publish it I will do so on the school's website. Sometime later it will appear on the OFSTED website.

#### Fr Stewart

Those of you who attend Our Lady of Sorrows and St Bridget's Church will be aware that Fr Stewart has been signed off and is recuperating. Please remember him in your prayers.

On Saturday we celebrate the Annunciation. We remember and give thanks for Mary's agreement to enter into God's plan for our salvation. Pray for us, Holy Mother of God! That we may be made worthy of the promises of Christ.

Hail Mary, full of grace.  
The Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our death. Amen.



# MARCH/APRIL

M	T	W	T	F	S	S
<b>27</b>  8am Selected (Last Y3) & Y4 Springboard Maths  Awards Assembly  Last Piano lessons pm (small groups)  Last Spanish Club  Last Y1 & 2 Lego Club	<b>28</b>  Last Clarinet lessons  9am NSPCC 'Pants' Presentation to Parents	<b>29</b>  8am Selected Y4 Springboard Maths (Last 4S)  9am Last Y4 Swimming	<b>30</b>  8am Selected Y6 Springboard Maths  9.15am Y5 Easter Assembly (Y5 Parents welcome)  Last Guitar lessons pm (small groups) (made up from 16/03/17)	<b>31</b>  <b>SCHOOL CLOSSES 2.00PM</b>	<b>1</b>	<b>2</b>
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b> <b>PALM SUNDAY</b>
<b>10</b> <b>HOLY MONDAY</b>	<b>11</b> <b>HOLY TUESDAY</b>	<b>12</b> <b>SPY WEDNESDAY</b>	<b>13</b> <b>HOLY THURSDAY</b>	<b>14</b> <b>GOOD FRIDAY</b>	<b>15</b> <b>HOLY SATURDAY</b>	<b>16</b> <b>EASTER SUNDAY</b>
<b>17</b> <b>EASTER MONDAY</b>	<b>18</b> <b>EASTER TUESDAY</b>  <b>SCHOOL RETURNS</b>  9am PTA Happy Bags Collection	<b>19</b> <b>EASTER WEDNESDAY</b>  8am Selected Y4E Last Springboard Maths	<b>20</b> <b>EASTER THURSDAY</b>  8am Selected Y6 Springboard Maths  9am 4S & 2C Mass in Church  Y3 Class Violin (pm)	<b>21</b> <b>EASTER FRIDAY</b>  Y2 Class Violin (pm)	<b>22</b> <b>EASTER SATURDAY</b>	<b>23</b>
<b>24</b>  8am Selected (Last 4S) & 4E Springboard Maths  Soundsteps Assembly  Piano lessons start  Spanish lessons start	<b>25</b>  Y4 Visit to Hampton Court  Guitar lessons start pm (small groups)  Athlete London KS1 & KS2 Football starts	<b>26</b>  9am Y4 Swimming starts  Y3 Visit to Natural History Museum  Violin lessons pm (small groups)  Professor Bubbleworks Science Club starts Italian Club starts Code Club starts	<b>27</b>  8am Selected Y6 Springboard Maths  Guitar lessons start pm (small groups)  Athlete London Olympic Sports Club starts	<b>28</b>  Y2 Class Violin (pm)	<b>29</b>	<b>30</b>



# FLY ME TO THE MOON 3D

This week, to conclude their space topic, Year 2 visited the BFI IMAX to watch the 3D film 'Fly Me to the Moon.'

On Monday, my class and I went to the IMAX. First Mrs Formby told us which leader we were with I was with my mum and my friend Manu. Then we walked to the station it took half an hour to get there. We waited 1 minute until the train was there. Then we climbed on board. My favourite part on the train was when we played 'name football players in the alphabet.' When we arrived there we walked through a long, lit up, curly tunnel. When we arrived there, it took a while to start but eventually it did. It was an amazing film and thank you to Mrs Formby and the adults for taking us.

James. 2F



My favourite part was with the bit with the juice because it looked like you could touch it! - Isadora, 2C





**St Mary's Catholic Primary School - New Junior Building**  
**Utilities work Programme March - April 2017**

<b>Weekly schedule</b>	<b>Activity</b>
	-
<b>Week commencing 27<sup>th</sup> February</b>	<ul style="list-style-type: none"> <li>- Install remainder of water mains and hydrant pipework</li> <li>- Thames Water Bye-Law inspection of pipework</li> <li>- Chlorination of all pipework</li> </ul>
<b>Week commencing 6<sup>th</sup> March</b>	<ul style="list-style-type: none"> <li>- New electrics main, installation of duct and cables</li> <li>- New gas main, installation of duct and pipework</li> <li>- Data, Intruder alarm &amp; Fire System links (cables) to main school building</li> </ul>
<b>Week commencing 13<sup>th</sup> March</b>	<ul style="list-style-type: none"> <li>- Backfill all trenches &amp; reinstate surfacing</li> </ul>
<b>Week commencing 3<sup>rd</sup> April</b>	<ul style="list-style-type: none"> <li>- Thames water connecting NEW water supply to school, digging of trench across road outside school and laying pipework, commissioning the whole system</li> <li>- Upgrade of existing gas meter to a larger one</li> </ul>
<b>Week commencing 10<sup>th</sup> April</b>	<ul style="list-style-type: none"> <li>- Disconnect old water supply</li> <li>- Adapt new water supply to church hall</li> <li>- Disconnect old water supply to school buildings and connect new supply</li> </ul>
<b>To be confirmed</b>	<ul style="list-style-type: none"> <li>- Resurfacing of the whole school Car Park</li> </ul>
	-
<p><b>There continues to be no parking during the work, there is only access for deliveries and emergency access. Pedestrian access for pupils and adults is via the small gate near the Church.</b></p>	

Here's the draft Summer school dinner menu.

If you have any comments on the menu please pass them to the school office and we will make sure they get to the catering company's area manager.

**Our commitment to healthy eating in our schools**

Our commitment to healthy eating in our schools is still as strong as ever. We go a long way to ensure that children eat well and understand the importance of a healthy diet and lifestyle.

We can adapt our menus to meet special dietary requirements so that school meals can be enjoyed by all children.

We're proud that all our menus meet or exceed Government food and nutrition standards.

Wherever possible we minimise and eliminate food additives in the school meals we serve.

The rigour in our sourcing means that we can trace all our products back to source.

Our very own team of nutritionists develop all our menus to ensure balanced and healthy choices.

**Food Super Heroes Menu**

<http://loveschoolmeals.co.uk/hounslow/>

**Chartwells**  
EAT LEARN LIVE



## Week one

17/04 15/05 19/06 17/07

### Monday

**Choose a main meal...**  
Chicken & Vegetable Ratacouille with Wholemeal Flice (M)  
Mega Mozzarella & Tomato Stone-baked Pizza v (V)  
Tuna Mayonaisse Roll (P)

**on the side...**  
Saddle Sweetcorn Chop Chop Salad

**for dessert...**  
Individual Custard Pot (choice of Banana, Chocolate or Strawberry)

### Tuesday

**Choose a main meal...**  
Pork Bangers with Mash Mountain & Gravy (M)  
Veggie Bangers with Mash Mountain & Gravy v (V)  
Bud's Baked Spud with Baked Beans or Grated Cheese (A)  
**Choose a main meal...**

**on the side...**  
Barry Baked Beans Diced Swede

**for dessert...**  
Chocolate Cookies

### Wednesday

**Choose a main meal...**  
Roast Beef with Bud's Crispy Spuds & Gravy (M)  
Super Quorn Roast with Bud's Crispy Spuds & Gravy v (V)  
Egg Mayo & Cress Petit Pain (P)

**on the side...**  
Seasonal Cabbage Sliced Carrots

**for dessert...**  
Fruits of Forest Cake

### Thursday

**Choose a main meal...**  
Spinach & Ricotta Tortellini Napoletana (M)  
Veggie Mince Chilli with Whole Grain Rice v (V)  
Tomato & Basil Soup with Giant Herby Potatoes v (A)  
**Choose a main meal...**

**on the side...**  
Broccoli Sweetcorn

**for dessert...**  
Individual Muller Yoghurt

### Friday

**Choose a main meal...**  
Fish Fingers, Mash & Ketchup (M)  
Roasted Vegetable Bean Wrap & Mash v (V)  
Dhal & Basmati Rice v (A)  
**Choose a main meal...**

**on the side...**  
Barry Baked Beans Garden Peas

**for dessert...**  
Tutti Frutti Cake & Custard

## Week two

24/04 22/05 26/06

**Choose a main meal...**  
Mega Mozzarella & Tomato Stone-baked Pizza v (M)  
Spanish Style Vegetable Paella v (V)  
Hummus & Falafel Wrap (P)

**on the side...**  
Casey Carrots Green Beans

**for dessert...**  
Cheese & Crackers

**Choose a main meal...**  
Beef Meatballs Italian Style & Wholemeal Flice (M)  
Veggie Balls Italian Style & Wholemeal Flice v (V)  
Cheese & Red Onion Stuffed Bud'n'Jud Spud (A)  
**Choose a main meal...**

**on the side...**  
Brains Broccoli Saddle Sweetcorn

**for dessert...**  
Pineapple & Carrot Cake & Custard

**Choose a main meal...**  
Roast Pork, Bud's Crispy Spuds & Gravy (M)  
Vegetable & Potato Cheese Baker (V)  
Chicken Tikka Wrap (P)

**on the side...**  
Casey Carrots Cauliflower

**for dessert...**  
St Clement's Cookie

**Choose a main meal...**  
Chicken & Tomato Wholemeal Pasta (M)  
Macaroni Cheese v (V)  
Spicy Casey Carrot Soup with a Chunk of Wholemeal Bread (A)  
**Choose a main meal...**

**on the side...**  
Sweetcorn Chop Chop Salad

**for dessert...**  
Individual Muller Yoghurt

**Choose a main meal...**  
Breaded Fish & Chips & Ketchup (M)  
Veggie Nuggets & Chips v (V)  
Jacket Potato with Cheesy Coleslaw v (A)  
**Choose a main meal...**

**on the side...**  
Garden Peas Barry Baked Beans

**for dessert...**  
Orange & Chocolate Cake & Custard

## Week three

01/05 05/06 03/07

**Choose a main meal...**  
Beef Burger in a Bun with Jacket Wedges (M)  
Crispy Vegetable Burger in a Bun with Jacket Wedges v (V)  
Grated Cheese & Apple Slaw Roll (P)  
**Choose a main meal...**

**on the side...**  
Barry Baked Beans Sweetcorn

**for dessert...**  
Chocolate Brownie & Custard

**Choose a main meal...**  
Mega Mozzarella & Tomato Stone-baked Pizza v (M)  
Quorn & Vegetable Ratacouille on Wholemeal Flice v (V)  
Jacket Potato with Cauliflower & Chickpea Korma v (A)  
**Choose a main meal...**

**on the side...**  
Green Beans

**for dessert...**  
Individual Muller Yoghurt

**Choose a main meal...**  
Roast Turkey with Bud's Crispy Spuds & Gravy (M)  
Spanish Omelette served with Bud's Crispy Spuds v (V)  
Cheese Roll with Pasta Salad (P)  
**Choose a main meal...**

**on the side...**  
Mixed Fresh Vegetables

**for dessert...**  
Fruit Jelly

**Choose a main meal...**  
Chinese Style Chicken Noodles (M)  
Oriental Vegetable Noodles v (V)  
Spiced Chick Pea & Coconut Soup with Naan Bread (A)  
**Choose a main meal...**

**on the side...**  
Braised Cabbage Sweetcorn

**for dessert...**  
Tutti Frutti Cake & Custard

**Choose a main meal...**  
Papa Potato & Spinach Soup with an Dairy Roll Fish Fingers, Mash & Ketchup (M)  
Quorn Hotdog v (V)  
Bud'n'Jud Spud with Grated Cheese (A)  
**Choose a main meal...**

**on the side...**  
Barry Baked Beans Garden Peas

**for dessert...**  
Apple & Raisin Flapjack

## Week four

08/05 12/06 10/07

**Choose a main meal...**  
Beally Cheesy Pizza Bianca (M)  
Pasta Pack's Tomato & Basil Pasta v (V)  
Egg Mayonaisse Roll (P)  
**Choose a main meal...**

**on the side...**  
Broccoli Sweetcorn

**for dessert...**  
Silvertops Cool Ice Cream Pot

**Choose a main meal...**  
Chunky Chicken Bite (tomato breaded chicken with pasta salad) (M)  
Cheese & Red Onion Quiche with Pasta Salad v  
Jacket Potato with Chunky Red Coleslaw (A)  
**Choose a main meal...**

**on the side...**  
Green Beans Tomato Salsa

**for dessert...**  
Raspberry Loaf Cake

**Choose a main meal...**  
Roast Chicken, with Bud's Mash & Gravy (M)  
Baked Bean & Cheese Bubble & Squeak v (V)  
Crunchy Humus & Red Pepper Tortilla Wrap (P)  
**Choose a main meal...**

**on the side...**  
Seasonal Cabbage Carrots

**for dessert...**  
Chocolate Crispy

**Choose a main meal...**  
Saddle's Beef Lasagne with Garlic Bread Wedge (M)  
Caramelised Red Onion, Spinach, Tomato and Cheese Tart with Cous Cous v (V)  
**Choose a main meal...**

**on the side...**  
Garden Peas Chop Chop Salad

**for dessert...**  
Fresh Fruit Salad

**Choose a main meal...**  
Creamed Spinach Sausages & Wholemeal Roll v (A)  
Bolly Salmon Fillet & Chips (M)  
BBQ Quorn & Bean Wrap with Chippy v (V)  
Dhal & Basmati Rice v (A)  
**Choose a main meal...**

**on the side...**  
Baked Beans Sweetcorn

**for dessert...**  
Pineapple & Carrot Cake & Custard



We have a fresh salad bar available daily  
We Bake Bread Daily  
If your child receives or needs a special diet or allergen menu, please speak to your catering manager or contact us  
(M) Main Meal (V) Dishes Suitable for Vegetarians (A) Alternative Menu Choice

There is a vegetarian choice every day... and don't forget that salad is available daily.

Keep yourself topped up with water - it will help you concentrate all day long.

If you don't fancy dessert, you can always enjoy fresh fruit or yoghurt.

**The next**

**AWARDS ASSEMBLY**

**Monday 27<sup>th</sup> March 2017**

**Please bring in any recent awards.**





## Pantosaurus is coming to St Mary's!

All parents are invited to come and meet Pantosaurus and members of the NSPCC who will be in school on Tuesday 28th March. They will be running a session for parents from 8:55am in the school hall. All welcome!

<https://www.nspcc.org.uk/globalassets/documents/advice-and-info/underwear-rule-guide-for-parents.pdf>

As part of our focus on private parts you should expect and be prepared for your child to question you about their body and the different parts of their body. The best advice from experts is that even very young children learn and use the correct names for the parts of their bodies.

The NSPCC's advice is that you should weave conversations about keeping safe into everyday activities and bring up the topic often but a little at a time. In doing this, children get consistent messages which help them to keep themselves safe.

Have a look at the NSPCC resources and enjoy singing along to Pantosaurus too!  
You can find the song here:

<https://www.youtube.com/watch?v=fn6AVSZk008>

# TALK PANTS AND STAY SAFE

Join thousands of families talking PANTS –  
and help keep children safe

Talking PANTS is a simple and memorable way for families to teach children how to stay safe. There are child-friendly materials and guides for adults. There's even a song. You can find all you need at [nspcc.org.uk/pants](https://nspcc.org.uk/pants)

**P**RIVATES ARE PRIVATE  
**A**LWAYS REMEMBER YOUR BODY BELONGS TO YOU  
**N**O MEANS NO  
**T**ALK ABOUT SECRETS THAT UPSET YOU  
**S**PEAK UP, SOMEONE CAN HELP



**NSPCC**

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Supported by  
**London Borough  
of Hounslow**

## LEARN PANTOSAURUS' FIVE EASY RULES FOR STAYING SAFE

**P**RIVATES ARE PRIVATE

Your underwear covers up your private parts and no one should ask to see or touch them. Sometimes a doctor, nurse or family members might have to. But they should always explain why, and ask you if it's OK first. Remember, what's in your pants belongs only to you.

**A**LWAYS REMEMBER YOUR  
BODY BELONGS TO YOU

No one should ever make you do things that make you feel embarrassed or uncomfortable. If someone asks to see or tries to touch you underneath your underwear say 'NO' – and tell someone you trust and like to speak to.

**N**O MEANS NO

You always have the right to say 'no' – even to a family member or someone you love. You're in control of your body and the most important thing is how YOU feel. If you want to say 'No', it's your choice.

**S**PEAK UP, SOMEONE  
CAN HELP

It's always good to talk about stuff that makes you upset. If you're worried, go and tell a grown up you trust – like a family member, teacher or one of your friend's parents. They'll say well done for speaking out and help make everything OK. You can also call Childline on **0800 1111** and someone will always be there to listen.

**T**ALK ABOUT SECRETS  
THAT UPSET YOU

There are good secrets and bad secrets. If a secret makes you feel sad or worried, it's bad – and you should tell an adult you trust about it straight away.

Remember all of these  
rules and they'll help  
you stay safe, just like  
Pantosaurus



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**HOLIDAY DATES FOR SCHOOL YEAR 2017 – 2018**

**Revised Dates for  
17-18**



**Autumn Term begins**

**Monday 4<sup>th</sup> September 2017 INSET DAY**

**Return to school**

Tuesday 5<sup>th</sup> September

**Half Term Week**

*school closed Monday 23<sup>rd</sup> – Friday 27<sup>th</sup> October 2017*

**Return to school**

Monday 30<sup>th</sup> October 2017

**Christmas Holiday**

School closes at 2 p.m. on **Wednesday 20<sup>th</sup> December 2017**



**Spring Term begins**

**Friday 5<sup>th</sup> January 2018 INSET DAY**

**Return to school**

Monday 8<sup>th</sup> January 2018

**Half Term Week**

*school closed Monday 12<sup>th</sup> – Friday 16<sup>th</sup> February 2018*

**Return to school**

Monday 19<sup>th</sup> February 2018

**Spring Term Holidays**

School closes at 2 p.m. on **Thursday 29<sup>th</sup> March 2018**



**Summer Term begins**

**Monday 16<sup>th</sup> April 2018**

**National Bank Holiday**

*school closed*

*Monday 7<sup>th</sup> May 2018*

**National Bank Holiday**

*school closed*

*Monday 28<sup>th</sup> May 2018*

**Half Term week**

*school closed Tuesday 29<sup>th</sup> May – Friday 1<sup>st</sup> June 2018*

**Return to school**

Monday 4<sup>th</sup> June 2018

**End of school year**

School closes at 2 pm on **Friday 20<sup>th</sup> July 2018**

**Monday 23<sup>rd</sup> July – INSET Day**

## CLASS ATTENDANCE

13<sup>th</sup> March – 17<sup>th</sup> March 2017

SQUIRRELS	95.38%	<b>Top Class Y6 FANTASTIC!</b>  <b>Our Attendance Target is 96%</b>
BUMBLEBEES	90.67%	
DOLPHINS	98.28%	
1L	91.00%	
1P	98.67%	
2C	98.67%	
2F	99.33%	
3L	96.55%	
3M	98.62%	
4E	97.00%	
4S	97.42%	
YEAR 5	96.06%	
YEAR 6	100.00%	



# ASHFORD TOWN (MIDDX) LADIES F.C

## U16s Development Camp

We are looking for girls aged 8-11 and 12-15 to join our development camp, consisting of small sided games based around a flexible training schedule to meet individual budget and training needs

**Time:** 6:30pm - 7:30pm • **Days:** Wednesday

### Term 1

**Oct:** 12th, 19th, 26th

**Nov:** 2nd, 9th, 16th, 23rd, 30th

### Term 2

**Jan:** 4th, 11th, 18th, 25th

**Feb:** 1st, 8th, 5th, 22nd

**Mar:** 1st, 8th, 15th, 22nd, 29th

### Term 3

**Apr:** 5th, 12th, 19th, 26th

**May:** 3rd, 10th, 17th, 24th, 31st

**Jun:** 7th, 14th

**Costs:** £2 per session

**Venue:** Ashford Town (Middlesex) Football Club  
Robert Parker Stadium, Short Lane  
Stanwell, MIDDLESEX TW19 7BH

To book your place or for further information, please contact **William Boye** on:  
m: **07401 850 050** or e: **ashfordtownmiddxlf@gmail.com**

All coaches are CRB Checked, UEFA B Qualified and hold Youth Modules 1 & 2





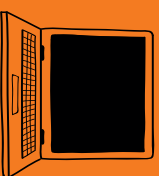
# LOVE SCHOOL Meals



Love School Meals is how you can keep up-to-date with everything you need to know about our delicious and nutritious school meals.

Our monthly e-newsletter provides information about what's new on the menu each term, tips on tackling fussy eaters, information about our Beyond the Kitchen educational activities and so much more. We even run competitions so you have a chance to win great prizes too!

## How do I sign up?



Register your details quickly and easily at [www.lovesschoolmeals.co.uk](http://www.lovesschoolmeals.co.uk). Oh, and don't forget to search **Love School Meals** on Facebook and like our page and follow us on Twitter **@lovesschoolmeals**



## Need more information?

If you would like more information on school meals please contact us on:



@LOVESCHOOLMEALS  
<http://lovesschoolmeals.co.uk/hounslow/>

**Chartwells**  
EAT LEARN LIVE



**Chartwells**  
EAT LEARN LIVE

## Here's the menu for the Spring Term.

All infant children have a free cooked school lunch everyday. Remember you still need to use ParentPay to record your child's choice.

Any Junior child can have a school dinner on any day they want.

Dinners cost £2.20 and you will need to make your child's choice using ParentPay and make sure that your account is in credit. You can choose a dinner for your child up to midnight on the evening before the meal is cooked. If your child normally has sandwiches they can still have a dinner on as many days a week as they want. We do not require any notice of the change over.



## Week one

02/01 30/01 06/03

**Choose a main meal...**

Beef Lasagne (M)  
Creamy Beefy Carbonara, Borlotti Beans & Mushroom with Sweetcorn v  
Bacon, Red Onion & Cheese Stuffed Jacket Skirts (A)

**on the side...**

Brains Broccoli  
Casey Carrot  
**for dessert...**  
Wholenmeal Apple & Cinnamon Crumble & Custard

**Choose a main meal...**

Chicken, Tomato, Sweet Pepper and Vegetable Herby Pasta (M)  
Mozzarella & Tomato Pizza & Chop Chop  
Casey Carrot & Zingy Ginger Soup with **Choose both (A) meal...**

**on the side...**

Barry Baked Beans  
Chop Chop Salad  
**for dessert...**  
Silvertops Yummy Yoghurt with Melon & Peaches

## Tuesday

**Choose a main meal...**

Roast Pork with Bud's Crispy Spuds & Gravy (M)  
Quorn Roast with Bud's Crispy Spuds & Gravy v  
Egg Mayo & Cress Petit Pain (A)

**on the side...**

Casey Carrots  
Braised Leeks  
**for dessert...**  
Boss Banana & Sticky Toffee Pudding

## Wednesday

**Choose a main meal...**

Shepherd's Pie (M)  
Vege Shepherdess Pie v  
Tomato & Basil Soup with Giant Herby Croustons v (A)

**on the side...**

Cabbage  
Sweetcorn  
**for dessert...**  
Chocolate Sultana Crispe

## Thursday

**Choose a main meal...**

Tuna Pasta Bake (M)  
Chicken & Vegetable Curry & Rice v  
Bud'n Judd Spud with a choice of fillings (A)

**on the side...**

Barry Baked Beans  
Garden Peas  
**for dessert...**  
Tutti Frutti Cake & Custard

## Friday

We have a fresh salad bar available daily

We Bake Bread Daily

If your child receives or needs a special diet or allergen menu, please speak to your catering manager or contact us  
(M) Main Meal (V) Dishes Suitable for Vegetarians (A) Alternative Menu Choice



## Week two

09/01 06/02 13/03

**Choose a main meal...**

Pork Sausage (M)  
Vege Sausage v  
Lightly Spiced Carrot Soup with Cranberry Bread Sticks v (A)

**on the side...**

Home Baked Sweet Potato Wedges  
Barry Baked Beans  
**for dessert...**  
Silvertop's Cool Ice Cream

**Choose a main meal...**

Spagheti Lamb Bolognaise (M)  
Mild Mexican Chili with Soft Taco v  
Bud'n Judd Spud with Tuna Mayo (A)

**on the side...**

Brains Broccoli  
Sadie Sweetcorn  
**for dessert...**  
Silvertop's Yummy layered Fruit Yoghurt

**Choose a main meal...**

Roast Chicken, Roast Potatoes & Gravy (M)  
Butterbean Crumble with Bud's Crispy Spuds v  
French style Onion Soup with a large Cheese Croustons (A)

**on the side...**

Casey Carrots  
Cauliflower  
**for dessert...**  
Honey & Vanilla Milkshake

**Choose a main meal...**

Sweet'n sour Chicken served on Wholenmeal Rice (M)  
Mega Mozzarella Pizza with Red Cabbage Colelaw on the side v  
Bud'n Judd Spud with Cheese & Baked Beans (A) **main meal...**

**on the side...**

Barry Baked Beans  
Green Beans  
**for dessert...**  
Creamy Rice Pudding with Sultanas

**Choose a main meal...**

Fish & Chips & Ketchup (M)  
Italian Style Vegetable Frittata, Herby Garlic Bread Wedge & Ketchup v  
Keena Matar (lightly spiced veggie mince with peas) on Basmati Rice v (A)

**on the side...**

Sweetcorn  
Chop Chop Crunchy Salad  
**for dessert...**  
Orange Chocolate Brownie

## Week three

16/01 20/02 20/03

**Choose a main meal...**

Pork Bangers on Mash Mountain & Gravy (M)  
Vege Bangers on Mash Mountain & Gravy v  
Bud'n Judd with a Choice of Fillings v (M)

**on the side...**

Barry Baked Beans  
Green Beans  
**for dessert...**  
St Clement's Cookie

**Choose a main meal...**

BBQ Turkey Balls with Wholenmeal Rice (M)  
Pasta Pack's Mac'n Cheese Macaroni Cheese v  
Pea, Potato & Spinach Soup with an Oaty Roll v (A)

**on the side...**

Brains Broccoli  
**for dessert...**  
Silvertop's Yoghurt with a Warm Berry Compote

**Choose a main meal...**

Roast Beef, with Bud's Crispy Spuds & Gravy (M)  
Sweet Potato and Squash Stey served with Bud's Crispy Spuds v  
Tuna Sweetcorn Wrap (A)

**on the side...**

Mixed Fresh Vegetables  
**for dessert...**  
Fruit Jelly

**Choose a main meal...**

Chicken Tikka Massala & Basmati Rice (M)  
Vegemite Pasta Bolognaise v  
Spiced Chick Pea & Coconut Soup with Naan Bread (A)

**on the side...**

Green Beans  
Diced Carrots  
**for dessert...**  
Chocolate Cake & Chocolate Custard

**Choose a main meal...**

Fish Fingers, Chips & Ketchup (M)  
Chinese Vegetable Noodles v  
Bud'n Judd Spud with Grated Cheese (A)

**on the side...**

Barry Baked Beans  
Garden Peas  
**for dessert...**  
Wholenmeal Fruit Crumble & Custard

## Week four

23/01 27/02 27/03

**Choose a main meal...**

Beef Burger in a Bun with Wedges (M)  
Vege Burger in a Bun with Wedges v  
Bud'n Judd Spud with a choice of fillings (A)

**on the side...**

Barry Baked Beans  
Garden Peas  
**for dessert...**  
Silvertops Lemonicious Yoghurt with a Crunchy Biscuit Top

**Choose a main meal...**

Mince Lamb & Tomato Pasta (M)  
Vegetarian Lasagne v  
Sweet Potato & Casey Carrot Soup with Wholegrain Bread Fingers (A)

**on the side...**

Green Beans  
Broccoli  
**for dessert...**  
Chocolate Cookie

**Choose a main meal...**

Roast Turkey with Bud's Crispy Spuds & Gravy (M)  
Cauliflower, Potato Bake with Bud's Crispy Spuds v  
Crunchy Cheese Tortilla Wrap (A)

**on the side...**

Cabbage  
Cauliflower  
**for dessert...**  
Raisin & Apple Flapjack

**Choose a main meal...**

Sadie's Chinese Chicken Noodles (M)  
Caramelised Red Onion, Spinach, Tomato and Cheese Tart with Cous Cous v  
Creamed Spinach Soup & Wholenmeal Bread (A) **main meal...**

**on the side...**

Casey Carrots  
Broccoli  
**for dessert...**  
Fresh Fruit Salad

**Choose a main meal...**

Salmon Goujons & Crushed New Potatoes (M)  
Mozzarella & Tomato Pizza with Pepper & Sweetcorn Topping with Apple Slaw v  
Dhal & Basmati Rice v (A)

**on the side...**

Baked Beans  
Sweetcorn  
**for dessert...**  
Pineapple & Carrot Cake & Custard

There is a vegetarian choice **every day**... and don't forget that salad is available **daily**.

Keep yourself topped up with water - it will help you concentrate **all day long**.

If you don't fancy dessert, you can **always** enjoy fresh fruit or yoghurt.







Providing a range of opportunities for all learners to be their best and inspired

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