## St Mary's, Isleworth Newsletter for Friday 24th February 2017



### Welcome Back!

As usual I am filled with a sense of pride when I see how eager the children are to get back into school after a break. I hope you all had the chance to have a good rest and that, together, we can look forward to a fantastic second half of the year. There's a lot to look forward to. Not least the opening of the new building in May/June.

You will have received a couple of texts regarding the trenches for the water at the front of the school. Unfortunately the sides of the trench as it enters the school are not holding up well and LBH have given the go ahead to re-tarmac the first part of the school drive. This work will be done sooner rather than later and will mean that although the drive will be closed for longer than anticipated the Governors can be 100% sure that the drive is safe. Look out for updates in future newsletters.

### Attendance and Lateness letters

A small number of parents will have received attendance and lateness letters or a lateness letter towards the end of the half term. We send these letters in order to comply with LBH advice on attendance. The school office continually monitor attendance and lateness and we apply the LBH policy when a concern is flagged by the online attendance register.

Much of how we deal (and LBH deals) with attendance figures is in response to Government requirements. It's vital that our overall attendance figure remains above 96%. If attendance for your child is below 90% you will definitely get a letter and the attendance record will (as per requirements) be shared with the Educational Welfare Officer.

National Government is concerned about attendance for 2 reasons. Firstly there's a link between children who miss school and lower attainment at GCSEs (even missing primary school time impacts on this). The second reason is that children who are out of school (not attending) are often at risk of harm. This could be a range of issues from forced / child marriage, FGM or other forms of abuse. Keeping children in school helps to keep them safe.



### Pantosaurus is coming to St Mary's!

All parents are invited to come and meet Pantosaurus and members of the NSPCC who will be in school on Tuesday 28th March. They will be running a session for parents from 8:55am in the school hall. All welcome!

https://www.nspcc.org.uk/globalassets/documents/advice-and-info/underwearrule-guide-for-parents.pdf

As part of our focus on on private parts you should expect and be prepared for your child to question you about their body and the different parts of their body. The best advice from experts is that even very young children learn and use the correct names for the parts of their bodies.

The NSPCC's advice is that you should weave conversations about keeping safe into everyday activities and bring up the topic often but a little at a time. In doing this, children get consistent messages which help them to keep themselves safe.

Have a look at the NSPCC resources and enjoy singing along to Pantosaurus too! You can find the song here:

https://www.youtube.com/watch?v=fn6AVSZk008

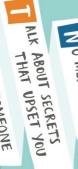


## Join thousands of families talking PANTS – and help keep children safe

to teach children how to stay safe. There are child-friendly Talking PANTS is a simple and memorable way for families materials and guides for adults. There's even a song You can find all you need at nspcc.org.uk/pants











**NSPCC** 

# LEARN PANTOSAURUS' FIVE EASY RULES FOR STAYING SAFE

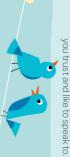


## RIVATES ARE PRIVATE

Sometimes a doctor, nurse or family members might have to. But they should always explain and no one should ask to see or touch them. Your underwear covers up your private parts why, and ask you if it's OK first. Remember, what's in your pants belongs only to you.



A LWAYS REMEMBER YOUR uncomfortable. If someone asks to see No one should ever make you do things that make you feel embarrassed or BODY BELONGS TO YOU



underwear say 'NO' - and tell someone

or tries to touch you underneath your

## NO MEANS NO

love. You're in control of your body and the even to a family member or someone you most important thing is how YOU feel. It You always have the right to say 'no' you want to say 'No', it's your choice.



### ALK ABOUT SECRETS THAT UPSET YOU

an adult you trust about it straight away or worried, it's bad - and you should tell secrets. If a secret makes you feel sad There are good secrets and bad

## S PEAK UP, SOMEONE

one of your friend's parents. They'll say well done for speaking out and help make everything OK up you trust - like a family member, teacher or you upset. If you're worried, go and tell a grown It's always good to talk about stuff that makes You can also call Childline on 0800 1111 and someone will always be there to listen.







### CLASS ATTENDANCE

6 Feb - 10 Feb 2017

SQUIRRELS	86.92%	
BUMBLEBEES	90.00%	
DOLPHINS	85.00%	Top Class
1L	95.33%	Y6
1P	97.24%	FANTASTIC!
2C	94.67%	
2F	94.00%	
3L	97.93%	Our Attendance Target is 96%
3M	95.86%	
4E	97.67%	
4S	93.55%	
YEAR 5	94.85%	
YEAR 6	99.37%	

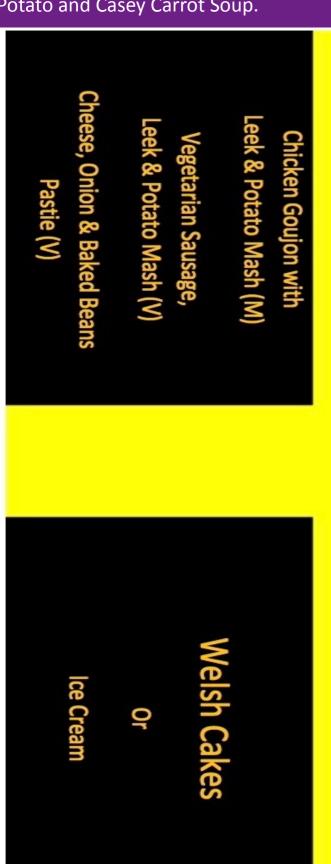
### **Parent View**

Thank you to the 67 parents who have given their view about St Mary's on the Parent View website. 67 parents represents a very small percentage of the number of families in school. It would be great to have more of you respond so that when OfSTED visit they can really clearly see what a great community we have here. To give your view please visit:

https://parentview.ofsted.gov.uk/login?destination=giveyour-views

### ST DAVID'S DAY MENU

Due to Ash Wednesday falling on St David's Day this year, we will celebrate St David's Day on Tuesday 28<sup>th</sup> February. We are unable to change the choices on ParentPay so when booking, please remember that the main meal (M) will be Chicken Goujon with Leek and Potato Mash and NOT Mince Lamb & Tomato Pasta, the vegetarian option (V) will be Vegetarian Sausage, Leek & Potato Mash and NOT Vegetarian Lasagne and the alternative option (A) will be Cheese, Onion and Baked Bean Pastie and NOT Sweet Potato and Casey Carrot Soup.





**Dydd Dewi Sant hapus!** 

St David's Day Lunch
Tuesday 28<sup>th</sup>
February 2017

### ST. MARY'S CATHOLIC PRIMARY SCHOOL, ISLEWORTH

### **HOLIDAY DATES FOR SCHOOL YEAR 2017 – 2018**

Revised Dates for

Autumn Term begins Monday 4<sup>th</sup> September 2017 INSET DAY

**Return to school** Tuesday 5<sup>th</sup> September

Half Term Week <u>school closed</u> <u>Monday 23<sup>rd</sup> – Friday 27<sup>th</sup> October 2017</u>

**Return to school** Monday 30<sup>th</sup> October 2017

Christmas Holiday School closes at 2 p.m. on Wednesday 20<sup>th</sup> December 2017

**S**print

Spring Term begins Friday 5<sup>th</sup> January 2018 INSET DAY

**Return to school** Monday 8<sup>th</sup> January 2018

Half Term Week <u>school closed</u> <u>Monday 12<sup>th</sup> – Friday 16<sup>th</sup> February 2018</u>

**Return to school** Monday 19<sup>th</sup> February 2018

Spring Term Holidays School closes at 2 p.m. on Thursday 29<sup>th</sup> March 2018

UMMR

Summer Term begins Monday 16<sup>th</sup> April 2018

**National Bank Holiday** 

<u>school closed</u> <u>Monday 7<sup>th</sup> May 2018</u>

**National Bank Holiday** 

<u>school closed</u> <u>Monday 28<sup>th</sup> May 2018</u>

Half Term week <u>school closed</u> <u>Tuesday 29<sup>th</sup> May – Friday 1<sup>st</sup> June 2018</u>

**Return to school** Monday 4<sup>th</sup> June 2018

End of school year School closes at 2 pm on Friday 20<sup>th</sup> July 2018

Monday 23<sup>rd</sup> July – INSET Day

### Keep up to date with all of the PTA activities by downloading the PTA app.



### The New St Mary's School PTA Mobile App Available to download now



Everything you need to know or do in connection with St Mary's School PTA is now available at your fingertips. Please visit either, the App Store or Google Play Store, search 'st marys pta' and download.



Love School Meals is how you can keep up-to-date with everything you need to know about our delicious and nutritious school meals.

Our monthly e-newsletter provides information about what's new on the menueach term, tips on tackling fussy eaters, information about our Beyond the Kitchen educational activities and so much more. We even run competitions so you have a chance to win great prizes too!





## How do I sign up?

Register your details quickly and easily at www.loveschoolmeals.co.u
Oh, and don't forget to search Love School Meals on Facebook and
like our page and follow us on Twitter @loveschoolmeals



## Need more information?

you would like more information on school meals please contact us o



Chartwells

EAT LEARN LIVE

## Here's the menu for the Spring Term.

All infant children have a free cooked school lunch everyday.
Remember you still need to use ParentPay to record your child's choice.

Any Junior child can have a school dinner on any day they want.

Dinners cost £2.20 and you will need to make your child's choice using ParentPay and make sure that your account is in credit.

You can choose a dinner for your child up to midnight on the evening before the meal is cooked. If your child normally has sandwiches they can still have a dinner on as many days a week as they want. We do not require any notice of the change over.

If your child receives or needs a special diet or allergen menu, please speak to your catering manager or contact us

spiced vege mince with peas) on Basmat Rice V (A) Keema Mattar (lightly

(M) Main Meal (V) Dishes Suitable for Vegetarians (A) Alternative Menu Choice

We Bake Bread Daily

We have a fresh salad bar available daily

Bud'b'Jud Spud with a choice of fillings (A) Chickpea & Vegetable Curry & Rice V

Tutti Fruitti Cake & Custard

Tuna Pasta Bake (M)

Garden Peas Barry Baked Beans on the side.

or dessert.

Italian Style Vegetable Frittatta, Herby Garlic Bread Wedge &

Fish & Chips & Ketchup (M) Seeote (A)main meal...

> Sweetcom on the side

Chop Chop Crunchy

Chinese Vegetable Noodles ▼

for dessert. Garden Peas Barry Baked Beans

Fish Fingers, Chips & Ketchup (M) Choose a main meal.

Bud'n'Jud Spud with Grated Cheese (A)

Ketchup V

Orange Chocolate tor dessert... Choose a main meal.

Tomato & Basil Soup with Giant Herby Croutons ▼ (A)

Chocolate Sultana Crispie

Bud'n'Jud Spud with Mega Mozzarella Pizza with Red Cabbage Coleslaw on the sidev

Creamy Rice Pudding with Sultanas

neese & Baked

Shepherd's Pie (M)

Choose a main meal...

Vege Shepherdess Pie

Sweetcorn

for dessert...

Cabbage on the side

Sweet'n'sour Chicken served on Wholemeal

Green Beans Barry Baked Beans on the side...

for dessert...

Choose a main meal...

## で の の へ

02/01 30/01 06/03

09/01 06/02 13/03

on the side..

Choose a main meal...

on the side..

Green Beans Barry Baked Beans

for dessert...

16/01 20/02 20/03

23/01 27/02 27/03

Choose a main meal

on the side...

Garden Peas Barry Baked Beans

for dessert...

Veek

three

Veek tou

### Beef Lasagne (M) Creamy Beany Carbonara, Borlotti Choose a main meal

Carbonara, Borlotti Beans & Mushroom with Sweetcorn V Bacon, Red Onion & Cheese Stuffed Jacket

Wholemeal Apple & Cinnamon Crumble &

Lightly Spiced Carrot Soup with Granary Bread Sticks V (A)

for dessert

Gravy 🗸 Vege Bangers on Mash Mountain & Pork Bangers on Mash Mountain & Gravy (M)

St Clement's Cookie

Bud'n' Jud Spud with a choice of fillings (A) Vege Burger in a Bun with Wedges V Beef Burger in a Bun with Wedges (M)

Silvertops Lemonicious Yoghurt with a Crunchy Biscuit Top

Vege Sausage ∨\* Pork Sausage (M) Choose a main meal...

Barry Baked Beans Home Baked Sweet Potato Wedges

Silvertop's Cool Ice

Casey Carrot Brains Broccoli on the side...

for dessert...

Skins (A) hoose a main meal.

Chicken, Tomato, Sweet Pepper and Vegetable Herby Pasta

Chop Chop Salad Barry Baked Beans on the side. Custard

Spaghetti Lamb Bolognaise (M)

Sadie Sweetcom

Brains Broccoli

Choose a main meal.

on the side.

Choose a main meal. Bud'n'Jud with a Choice of Fillings ヾ(V)

BBQ Turkey Balls with Wholemeal Rice (M)

Brains Broccoli on the side.

Mince Lamb & Tomato Pasta (M)

Green Beans on the side.

Choose a main meal..

Vegetarian Lasagne 🗸

for dessert...

Salad V Mozzarella & Tomato Pizza & Chop Chop

Chaotse Both (Ah) Meal. Casey Carrot & Zingy

Gravy V Spuds & Quom Roast with

Roast Pork with Bud's Crispy Spuds & Gravy

Egg Mayo & Cress Petit Pain (A)

Braised Leeks Casey Carrots on the side. for dessert.

## Boss Banana & Sticky Toffee Pudding

Silvertops Yummy Yoghurt with Melon & Peaches or dessert...

Bud'n'Jud Spud with Tuna Mayo (A)

Mild Mexican Chilli with Soft Taco V

for dessert...

Silvertop's Yummy layered Fruit Yoghurt

Pea, Potato & Spinach Soup with an Oaty Roll Y (A)

Choose a main meal.

on the side.

Mac'n'Cheese Macaroni Cheese v

Silvertop's Yoghurt with a Warm Berry Compote

Wholegrain Bread Fingers (A) Sweet Potato & Casey Carrot Soup with

Chocolate Cookie

for dessert.. Broccoli

asta Pack's

### Choose a main meal...

Casey Carrots on the side.

Spuds ∨ Butterbean Crumble with Bud's Crispy Potatoes & Gravy (M) Roast Chicken, Roast

French style Onion Soup with a large Cheese Croutons (A)

### Honey & Vanilla Milkshake Cauliflower for dessert





Sweet Potato and Squash Stew served-with Bud's Crispy Spuds V



Vegetables Mixed Fresh

### Tuna Sweetcorn Wrap (A)

Cauliflower, Sweetcom, Potato Bake with Bud's Crispy Spuds V

Raisin & Apple Flapjack

Gravy (M)

Roast Turkey, with Bud's Crispy Spuds & Choose a main meal.

Cauliflower Cabbage

for dessert...

on the side

Crunchy Cheese Tortilla Wrap (A)

Choose a main meal...

on the side...

Casey Carrots

Broccoli

Fresh Fruit Salad for dessert...



### Choose a main meal... on the side..

### Spiced Chick Pea & Coconut Soup with Naan Bread (A) Vegemince Pasta Bolognaise V Chicken Tikka Massala & Basmati Rice (M) Green Beans Chocolate Cake & Chocolate Custard for dessert... **Diced Carrots**

### Caramelised Red Onion, Spinach, Tomato and Cheese Tart with Cous Cous V Sadie's Chinese Chicken Noodles (M)

Soup & vvi..... meal. Creamed Spinach Soup & Wholemea Potatoes (M) Salmon Goujons & Crushed New

on the side.

Mozzarella & Tomato Pizza with Pepper & Sweetcorn Topping with Apple Slaw V

Pineapple & Carrot Cake & Custard

Sweetcorn Baked Beans on the side...

for dessert

Wholemeal Fruit Crumble & Custard

### and don't forget that Salad is available daily There is a vegetarian topped up with Keep yourself

choice every day...

### you concentrate water - it will help

## all day long.

### fruit or yoghurt always enjoy tresh dessert, you can 1

## If you don't fancy



If Christ is the day that never fades, Mary is its dawn, shining with beauty. - Pope John Paul II (December 8, 2003)



### Memorare

Remember, O most gracious Virgin Mary, that never was it known that any one who fled to thy protection, implored thy help or sought thy intercession, was left unaided.

Inspired by this confidence,

- We fly unto thee, O Virgin of virgins my Mother; to thee do we come, before thee we stand, sinful and sorrowful;
- O Mother of the Word Incarnate, despise not our petitions, but in thy mercy hear and answer them.

Amen.